# Spokane County Resource Guide



2017 Edition Federal Defenders of Eastern Washington & Idaho 10 North Post Street, Suite 700 Spokane, Washington 99201

# **Spokane County Resource Guide**

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Federal Defenders of Eastern Washington & Idaho 10 North Post Street, Suite 700 Spokane, Washington 99201

Andrea George, Executive Director

**Corrections? Additions? Questions?** 

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# **INTRODUCTION**

The Spokane County Resource Guide is designed as a reference tool to help attorneys and investigators provide enhanced assistance to their clients that goes beyond their legal or investigative roles. The publication provides a well-organized guide to the organizations and agencies located in the Spokane area that may be helpful to clients outside of the legal spectrum.

Our 2017 Spokane County Resource Guide includes contact information for substance abuse and mental health treatment providers as well as service agencies who address basic needs such as clothing, food, emergency housing, education and medical care. Many of the sections are also broken down into more specific subsections for further organization and clarity. Each section is organized alphabetically according to the name of the organization or agency, and each entry includes contact information such as address, telephone and facsimile numbers, websites, and in many cases, a brief description of the services available. In numerous instances, we have added links to a particular agency's preferred release of information. The Table of Contents provides a basic outline to the Resource Guide as well as page numbers so organizations can be quickly and easily located.

Although not a comprehensive listing of all of the organizations available in Spokane County, we hope the 2017 Spokane County Resource Guide is a useful reference source and helps to further supplement your continuing hard work and dedication.

I extend a special thank you to Brenda Challinor, who updated this guide, and to Raylene Baird who compiled our original guide.

> Andrea K. George Executive Director February 9, 2017

# ACCESSING SUBSTANCE ABUSE AND MENTAL HEALTH TREATMENT IN SPOKANE COUNTY

The Department of Social and Health Services, Division of Behavioral Health and Recovery (DBHR), provides funding and oversight for substance use treatment services to people enrolled in Medicaid. DBHR also offers services which address mental health, problem gambling, substance use, licensing and certification for behavioral health agencies, recovery support, substance abuse prevention and mental health promotion. Learn more at <u>https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/behavioral-health-benefits-book</u>

On April 1, 2016, Medicaid-funded services for mental health and substance use disorders were combined as a behavioral health benefit. These services are managed by new Behavioral Health Organizations (BHO) (except in Clark and Skamania Counties). You may apply at <u>www.waHealthPlanFinder.org</u> or call 1-800-562-3022.

The Spokane County Regional BHO can be reached by telephone at (509) 477-5722 or 800-273-5864. It services not only Spokane County but also Adams, Ferry, Lincoln, Okanogan, Pend Oreille, and Stevens Counties. Their website is: <u>http://www.spokanecounty.org/mentalhealth/</u>. The crisis lines for Spokane County are (509) 838-4428 or 877-678-4428. Ombuds Service in Spokane County has been hired by the BHO to assist you with any difficulties accessing services. They can work with you and the BHO to file and resolve grievances, appeals, and fair hearings. The Ombuds Service can be reached at (509) 477-4666 or 866-814-3409.

For more information about publicly-funded behavioral health services see the Revised Code of Washington (RCW) Chapters 70.96.A, 71.05, 71.24, and 71.34 at <u>http://apps.leg.wa.gov/rcw/</u>.

#### **Crisis Numbers**

- If you have a life-threatening emergency, call 911 or go to the nearest hospital emergency room. You do not need an authorization for crisis services.
- For 24-hour crisis support and referrals for substance use, problem gambling, and mental health services, call the free and confidential Washington Recovery Help Line at 1-866-789-1511 or visit them online at www.waRecoveryHelpLine.org

To find crisis telephone numbers in your local service area visit <u>https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/state-mental-health-crisis-lines</u>

#### Washington State Division of Behavioral Health and Recovery

For information about behavioral health services and who to contact (for all counties except Clark and Skamania):

- Behavioral Health Benefits Book (available in multiple languages): <u>https://www.dshs.wa.gov/bha/division-behavioral-health-and-</u>recovery/behavioral-health-benefits-book
- To find services in your area: <u>www.dshs.wa.gov/BHOcontacts</u>
- To obtain more information on state-funded services call 1-360-725-3700, 1-800-446-0259, or visit <u>www.dshs.wa.gov/bha/division-behavioral-health-and-recovery</u>

#### Washington State Health Care Authority (HCA)

For information about publicly-funded medical care, managed care plans, other mental health benefits, and transportation information call 1-800-562-3022. You can also send an email to <u>ASKMEDICAID@hca.wa.gov</u> or visit <u>www.hca.wa.gov/medicaid</u>.

#### Who is Eligible for Behavioral Health Services?

People covered by Medicaid can receive medically necessary behavioral health services at no cost through DSHS contracts with community agencies. Services to treatment mental health or substance use disorders have separate standards for determining medical necessity.

- If behavioral health services are needed, call or go to your BHO or a covered agency within your community to schedule an appointment for an Intake Evaluation or Assessment. This is used to determine which services may be needed.
- With the exception of Crisis Services, most behavioral health services must be authorized by the BHO in your area. You must go to a BHO-contracted agency to receive the covered services.

Again, for more detailed information see:

https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/BHO/Benefits\_Book\_E nglish.pdf

# **ALCOHOL AND DRUG TREATMENT – ADULT**

# **Abstemious Outpatient Clinic**

Click for Release of Information Form Website: <u>http://www.abstemious.org/</u> 10525 E. Main Ave. Spokane Valley, WA 99206 T: (509) 927-7814 FAX: (509) 927-4669

Focus: Outpatient chemical dependency treatment

### **ADEPT** Assessment and Treatment Center

Click for Release of Information Form

- 1321 N. Ash St. Spokane, WA 99201 T: (509) 327-3120 FAX: (509) 327-3228
- 104 W. Crawford Rd. Deer Park, WA 99006 T: (509) 276-2797 FAX: (509) 276-8155
- 218B N. Oak St. Colville, WA 99114 T: (509) 684-2349 FAX: (509) 684-3120

Focus: Chemical dependency assessments and outpatient treatment

#### **American Behavioral Health Systems (ABHS)**

Click for Release of Information Form Website: www.abhsinc.net

- 12715 E. Mission Ave. Spokane, WA 99216 T: (509) 232-5766 FAX: (509) 232-5770
- 500 SE Washington Ave. Chehalis, WA 98532 T: (360) 748-4776 FAX: (360) 740-2550

Focus: Residential inpatient chemical dependency treatment

# **Colonial Clinic**

Click for Release of Information Form Website: www.colonialclinic.com 910 N. Washington St., Ste. 210 Spokane, WA 99201 T: (509) 327-9831 Fax: (509) 327-9857

Focus: Outpatient chemical dependency treatment

# **Community Detox Services of Spokane**

312 W. 8<sup>th</sup> Ave.
Spokane, WA 99204
T: (509) 477-4620
Fax: (509) 477-4630

<u>Focus</u>: Detoxification and inpatient treatment up to 30 days for Medicaid patients with co-occurring disorders; intensive outpatient treatment to follow.

#### **Frontier Behavioral Health**

Click for Release of Information Form 107 S. Division St. (Main Center) Spokane, WA 99202 T: (509) 838-4651 Medical Records: (509) 838-4651 ext. 327470 FAX: (509) 456-4536 (Medical Records)

<u>Focus</u>: Frontier Behavioral Health serves the needs of adults, youth, and elders who are confronting a wide range of mental health and emotional issues; this includes individuals who are impacted by substance use disorders. Frontier Behavioral Health has programs which include *Adult Services, Crisis Response, Child and Family Services, Inpatient & Stabilization Services, Elder Services, Psychiatric Services, Psychological Services, Food Program, and Health Home and Care Transitions. It also has specialist staff who are trained in multicultural issues, the needs of the deaf and hard of hearing, developmental disabilities, children's mental health, and older adult populations. In addition, FBH operates two 16-bed inpatient Evaluation and Treatment facilities and a 16-bed Stabilization program.* 

Integrated Co-Occurring Services (ICOS): ICOS provides outpatient treatment services to adults experiencing co-occurring disorders (mental illness and substance use). ICOS uses a harm reduction model and works with individuals "where they are" in their recovery process. They use a strengthsbased approach to help individuals work toward eventual abstinence and recovery. The services also focus on educating, assisting, and empowering individuals to regain lost function and improve the quality of their lives. ICOS may last longer than Adult Outpatient Services and may include individual and family therapy, case management, education regarding their mental illness and substance use disorders with development of strategies to manage symptoms, assistance with pursuing educational and vocational goals, psycho-educational groups and classes, group therapy, relapse prevention assistance, medication management through Frontier Behavioral Health's Psychiatric Services, peer support services. An individual can be referred following an intake assessment. For services call (509) 838-4651.

# **Gateway Counseling Services**

Website: <u>http://www.gatewaycounseling.net/</u> 140 S. Arthur St., Ste. 665 Spokane, WA 99202 T: (509) 532-8855 FAX: (509) 532-8844

<u>Focus</u>: Chemical dependency assessments, intensive outpatient treatment, relapse prevention

#### Lakeside Recovery Center

Click for Release of Information Form Website: http://www.lakesiderecoverycenter.com/ 3710 N. Monroe St. Spokane, WA 99205 T: (509) 328-5234 FAX: (509) 328-5234

<u>Focus</u>: Assessment and outpatient treatment. Medically-assisted addiction treatment for opioid recovery (Suboxone), referred to as "Ideal Option," located at 208 E. Francis Ave., Spokane, WA 99208 – Telephone: 877-522-1275.

#### **New Horizon Care Centers**

Click for Release of Information Form Website: <u>http://nhccspokane.org/</u>

- 701 E. Third Ave.
  Spokane, WA 99202
  T: (509) 838-6092, Ext. 301
  FAX: (509) 838-6110
- 15407 E. Mission Ave. Spokane Valley, WA 99037 T: (509) 927-1543 FAX: (509) 927-4761

Focus: Outpatient chemical dependency and gambling treatment

# Northeast Washington Treatment Alternatives (NEWTA)

Click for Release of Information Form Website: <u>http://newta.org/</u> 1224 N. Ash St. Spokane, WA 99201 T: (509) 326-7740 FAX: (509) 326-6725

<u>Focus</u>: Drug and alcohol evaluations, alcohol and drug information school, intensive and regular outpatient substance abuse treatment, random drug testing, mental health services, relapse prevention, individual counseling.

# **Pioneer Center East (PCE)**

<u>Click for Release of Information Form</u> <u>Note</u>: On the release of information, be certain to have client initial each box and anything that the client did not write himself/herself. Website: <u>http://pioneerhumanservices.org/treatment/cd/involuntary/pce/</u> 3400 W. Garland Ave. Spokane, WA 99205 T: (509) 325-2355 FAX: (509) 326-3370

<u>Focus</u>: A 53-bed inpatient chemical dependency treatment program (48 residential beds and 5 sub-acute detox beds) that offers basic living skills, relapse prevention, anger management, grief and loss, trauma survivor groups, prevocational and vocational training, and transition planning. One of two involuntary treatment centers in Washington. Also provide medication management and psychological treatment, including outpatient mental health treatment and medication management for federal offenders (contract provider is Fred Itveldt, ARNP).

# **Pioneer Counseling**

910 W. Boone Ave., Ste. 201Spokane, WA 99201T: (509) 325-7232FAX: (509) 325-4580

<u>Focus</u>: Contracted to Spokane County's drug court program; will soon offer outpatient mental health and chemical dependency treatment services.

### **SPARC (Spokane Addiction Recovery Centers)**

<u>Click for Release of Information Form</u> Website: http://www.sparcop.org/

- SPARC Outpatient Services 1508 W. 6th Ave.
  Spokane, WA 99204
  T: (509) 624-5228 (outpatient services) FAX: (509) 624-4505
- SPARC Administration Office and Residential Services 812 S. Walnut St. Spokane, WA 99204
   T: (509) 624-3251 (inpatient services) FAX: (509) 624-4505
- SPARC Integrated Services (Homeless Resource Center) 520 S. Walnut St. T: (509) 241-3130 FAX: (509) 624-4505

<u>Focus</u>: Outpatient and inpatient chemical dependency treatment; works with cooccurring disorder population (substance addiction and mental illness)

# Spokane Treatment and Recovery Services (STARS)

Click for Release of Information Form Website: http://www.spokanerecovery.org/ 312 W. 8<sup>th</sup> Ave. Spokane, WA 99204 T: (509) 477-4631 or (509) 477-4650 FAX: (509) 477-4630

<u>Focus</u>: STARS offers services for sub-acute detoxification (24/7 for initial 5 days of recovery), a sobering unit, a detox enhancement program (DEP) for individuals suffering from co-occurring disorders of mental illness and chemical dependency, a co-occurring outpatient treatment program, a youth detox and stabilization program, adolescent case management, long-term transitional housing for men (Cubhouse), an involuntary treatment program, and Karen's House (transitional sober living environment with free room and board for women). Self-help meetings are required and urinalysis testing occurs at the Cubhouse and Karen's House.

# **YFA** Connections (Youth – Family – Adult)

Click for Release of Information Form

<u>Note</u>: "Name:" at the top of the release is for the requesting attorney (or investigator). Rather than a check mark, the client's initials must appear next to each category of information chosen and also for the "purpose" of the release. Website: <u>http://www.yfaconnections.org/</u>

22 S. Thor St. (*Mailing: P.O. Box 3344, Spokane, WA 99220*) Spokane, WA 99202 T: (509) 532-2000 FAX: (509) 532-2005

<u>Focus</u>: Provide education, prevention, intervention, and treatment services to youth, families, and adults in conflict or crisis.

# • ASPIRE (YFA)

Website: http://www.yfaconnections.org/services.html

<u>Focus</u>: Adult co-occurring mental health and substance abuse treatment (dual diagnosis enhanced treatment program).

# • **STEPPS** (YFA)

Website: http://www.yfaconnections.org/services.html

<u>Focus</u>: Adult chemical dependency assessment and intensive outpatient and outpatient treatment including group, individual, and family counseling as well as psychiatric medication management.

# ALCOHOL AND DRUG TREATMENT – MEN

#### Sunray Court (New Horizon Care Centers, Inc.)

Click for Release of Information Form Website: http://nhccspokane.org/ 518 S. Browne St. (Mailing: P.O. Box 4627, Spokane, WA 99202) Spokane, WA 99204 T: (509) 456-5465 FAX: (509) 456-5710

<u>Focus</u>: Addiction recovery facility providing 30 and 90-day residential treatment for adult males.

# Pacific Northwest Adult & Teen Challenge Spokane Men's Center

Website: http://www.teenchallengepnw.com/spokane\_mens 2400 N. Craig Rd. Spokane, WA 99224 T: (509) 244-5610 FAX: (509) 244-0171

<u>Focus</u>: A non-profit faith-based program for men age 18 or older whose lives are affected by substance abuse, gang activity, or other destructive behavior.

# ALCOHOL AND DRUG TREATMENT – WOMEN

### Isabella House (New Horizon Care Centers, Inc.)

Click for Release of Information Form Website: http://nhccspokane.org/ 2308 W. 3<sup>rd</sup> Ave. (*Mailing: P.O. Box 4627*) Spokane, WA 99201 T: (509) 624-1244 Fax: (509) 624-6240

<u>Focus</u>: A 180-day residential substance abuse treatment center for adult women who are pregnant or parenting a child under the age of 6.

#### **PCAP (Parent-Child Assistance Program)**

Website: <u>http://depts.washington.edu/pcapuw/</u> 701 E. 3<sup>rd</sup> Ave. Spokane, WA 99202 T: (509) 838-6092 FAX: (509) 838-3840

<u>Focus</u>: PCAP is an advocacy agency that works with women who have used chemicals during a current pregnancy or are within 6 months postpartum. It is a 3-year enrollment and women are not discharged for relapse. The women are referred to a variety of community resources such as chemical dependency and mental health treatment. Assigned advocates remain alongside the women through court action and other processes.

#### Union Gospel Mission's Women's Recovery at Anna Ogden Hall Click for Release of Information Form

Website: https://www.uniongospelmission.org/womens-recovery-at-anna-ogden-hall/ 2828 W. Mallon Ave. Spokane, WA 99201 T: (509) 327-7737 Fax: (509) 327-7738

<u>Focus</u>: Home-like shelter and long-term addiction recovery program (not limited to chemical dependency) for women with or without children (ages birth to 11). Program is 18 to 24 months.

# ALCOHOL AND DRUG TREATMENT – YOUTH

# **Daybreak Youth Services**

<u>Click for Release of Information Form</u> <u>Click for Release of Information Form</u> Website: <u>http://www.daybreakinfo.org</u>

- Spokane Outpatient
   960 E. 3<sup>rd</sup> Ave.
   Spokane, WA 99202
   T: (509) 444-7033
   FAX: (509) 444-7038
- 628 S. Cowley St. (inpatient, girls only) Spokane, WA 99202
   T: (509) 627-3227
   FAX: (509) 835-4272
- 2924 Falk Rd., Ste. 102 (inpatient, boys only) Vancouver, WA 98661
   T: (360) 750-9588

<u>Focus</u>: Inpatient and outpatient treatment for youth in the areas of chemical dependency and mental health

#### **Excelsior Youth Centers, Inc.**

Click for Release of Information Form Website: www.excelsioryouthcenter.com 3754 W. Indian Trails Rd. Spokane, WA 99208 T: (509) 328-7041/1-800-466-5574 FAX: (509) 328-7582

<u>Focus</u>: Comprehensive behavioral health services (mental health and substance abuse both inpatient and outpatient) for youth, ages 10 to 21, and their families.

# **Native Project**

Click for Release of Information Form Website: <u>http://nativeproject.org/</u> 1803 W. Maxwell Ave. Spokane, WA 99201 T: (509) 325-5502 FAX: (509) 325-9839

<u>Focus</u>: Medical, mental health, dental (adults), outpatient chemical dependency treatment, and behavioral health (adolescents)

# The Healing Lodge of the Seven Nations

Website: <u>http://www.healinglodge.org/</u> 5600 E. 8<sup>th</sup> Ave. Spokane, WA 99212 T: (509) 533-6910 FAX: (509) 535-2863

<u>Focus</u>: Offers a 45-bed adolescent residential chemical dependency treatment center serving males and females between the ages of 13 and 17 in 90 to 120-day intensive inpatient treatment programs.

# **YFA Connections (Youth – Family – Adult)**

Click for Release of Information Form

<u>Note</u>: "Name:" at the top of the release is for the requesting attorney (or investigator). Rather than a check mark, the client's initials must appear next to each category of information chosen and also for the "purpose" of the release. Website: http://www.yfaconnections.org/

22 S. Thor St. (*Mailing: P.O. Box 3344, Spokane, WA 99220*) Spokane, WA 99202 T: (509) 532-2000 FAX: (509) 532-2005

<u>Focus</u>: Provide education, prevention, intervention, and treatment services to youth, families, and adults in conflict or crisis.

# **YFA Connections (Youth – Family – Adult) (continued)**

 CRC (Crisis Residential Center) (YFA) Website: <u>http://www.yfaconnections.org/services.html</u> 201 W. 6<sup>th</sup> Ave.
 Spokane, WA 99202
 T: (509) 624-2868 (24-hour crisis hotline for adolescents/families) FAX: (509) 747-1730

<u>Focus</u>: CRC provides temporary shelter and crisis counseling to youths ages 12 to 17 who are in conflict with their family, have run away from home (or are at risk to do so), or are homeless. The ultimate goal is family reconciliation. Youth at CRC are provided with individual, group, and family counseling that is tailored to their personal needs. CRC is open 24 hours every day (including holidays).

# SUBSTANCE ABUSE RECOVERY SUPPORT GROUPS

# Al-Anon and Alateen (ages 11 to 19) Information Line

Website: <u>www.wa-al-anon.org</u> 1700 W. 7<sup>th</sup> Ave. Spokane, WA 99204 T: (509) 456-2125

<u>Focus</u>: Support groups for individuals affected by another's alcohol abuse or addiction.

#### **Alcoholics Anonymous (AA)**

Website: <u>http://www.aa.org/</u> 1700 W. 7<sup>th</sup> Ave., Ste. 100 Spokane, WA 99204 T: (509) 624-1442

<u>Focus</u>: A 12-step program in support group format encouraging recovery from alcoholism. The central office provides information about Spokane-area AA meetings.

### **Celebrate Recovery**

Website: http://www.celebraterecovery.com/

<u>Focus</u>: Christian-based addiction recovery program. See website for telephone numbers and locations of meetings.

#### Narcotics Anonymous (NA)

Website: <u>http://www.newana.org/</u> or <u>http://www.wnirna.org/</u>

<u>Focus</u>: A non-profit fellowship of people suffering from addiction that meet regularly to share experiences, strength, hope, and assist one another in remaining abstinent from drugs.

# The Alano Club & AA Central Office

Website: http://www.spokanealanoclub.org/ 1700 W. 7<sup>th</sup> Ave. Spokane, WA 99204-3504 T: (509) 624-2400

<u>Focus</u>: Location where members of AA, Al-Anon, Alateen, NA, and other anonymous recovery fellowships can meet and socialize in a sober environment. Open 7 days a week from 9 am to 9 pm.

# **RECOVERY/TRANSITIONAL HOUSING – ADULT**

#### Ascenda

3000 W. Sunset Blvd. Spokane, WA 99224 T: (509) 951-6381

<u>Focus</u>: Housing for recovering alcoholics/addicts and their families. Must have 30 days clean and sober prior to arrival. Can stay from 6 months to 3 years. 37 units rent for \$385 to \$550 per month with sobriety (\$100) and damage deposits (\$100) required. Zero tolerance policy (monitored by in-house BA and UA testing).

**Pioneer Center East Housing Programs (Pioneer Human Services)** Website: <u>http://pioneerhumanservices.org/housing/permanent/carlyle/</u>

 Carlyle Care Center (PCE) 206 S. Post St. Spokane, WA 99201 T: (509) 624-1999 FAX: (509) 747-2498

<u>Focus</u>: A 151-bed assisted living facility which provides residential care for adults, especially the chronically mentally ill, developmentally disabled, dementia patients, and those with substance abuse issues. Many are court-ordered to residential care and can be admitted due to homelessness. Residents are often placed here upon discharge from Eastern State Hospital or Sacred Heart Adult Psychiatric Unit.

 Pioneer Pathway House – Pioneer Center East Website: <u>http://pioneerhumanservices.org/housing/permanent/pathway/</u>222 S. Howard St. Spokane, WA 99201 T: (509) 456-0481 FAX: (509) 456-2377

<u>Focus</u>: A 39-unit recovery-based facility which provides supportive housing services, an assessment with an individual services plan (ISP), and an onsite case manager. Rents are \$350 to \$475. A \$350 deposit is required (\$100 nonrefundable). An application form must be submitted and income must be verifiable. Applicant must provide valid photo identification and a social security card. A credit check is required and the applicant must absorb the associated fee.

# **RECOVERY/TRANSITIONAL HOUSING – MEN**

# **Oxford House**

Click for Application Form

Websites: <u>http://www.oxfordhouse.org</u> <u>http://oxfordvacancies.com</u> (current local vacancies)

<u>Focus</u>: There are a total of 25 Oxford Houses in Spokane; 20 men's houses (2 that also allow children) and 5 women's houses (3 that also allow children). Oxford Houses present affordable, clean, and sober housing options for individuals in recovery. You can contact Stacie (Outreach) at 1-509-619-3734 for information. The contact person for each house with a vacancy is sent a text message of your inquiry and the application.

#### • <u>Addison Oxford House (Men)</u>

5020 N. Addison St. Spokane, WA 99207-1367 T: (509) 290-5428 <u>Occupancy</u>: 8

# • Bernard Oxford House (Men)

3621 S. Bernard St.Spokane, WA 99203-1639T: (509) 863-9307Occupancy: 9

#### • **<u>Dishman Hills Oxford House</u>** (Men)

223 S. Sargent Rd.Spokane Valley, WA 99212-3120T: (509) 413-2451Occupancy: 8

#### • Freya Oxford House (Men)

3701 E. 8<sup>th</sup> Ave. Spokane, WA 99202-5212 T: (509) 413-2581 <u>Occupancy</u>: 7 • Helena Oxford House (Men)

1719 E. 59th Ave. Spokane, WA 99223-8306 T: (509) 459-9221 <u>Occupancy</u>: 7

#### <u>Illinois Oxford House</u> (Men) 722 E. Illinois Ave. Spokane, WA 99207-2602 T: (509) 474-0516 <u>Occupancy</u>: 7

#### Inland Oxford House (Men) 1016 E. Montgomery Ave. Spokane, WA 99207-2673 T: (509) 919-4104 Occupancy: 8

#### Latawah Oxford House (Men) 436 E. 27th Ave. Spokane, WA 99203-2463 T: (509) 279-2727 <u>Occupancy</u>: 7

#### Lincoln Heights Oxford House (Men) 1507 E. 39th Ave. Spokane, WA 99203-4129 T: (509) 624-5387 Occupancy: 6

#### • <u>Northtown Oxford House</u> (Men) 409 E. Wabash Ave. Spokane, WA 99207

T: (509) 474-9167 Occupancy: 7  Oberlin Oxford House (Men) 1403 S. University Rd. Spokane Valley, WA 99206-5511 T: (509) 241-3338 Occupancy: 8

#### Palouse Oxford House (Men) 5708 S. Lee St. Spokane, WA 99223-6647 T: (509) 443-5561 Occupancy: 8

#### Post Oxford House (Men) 2819 N. Post St. Spokane, WA 99205-3258 T: (509) 329-9904 Occupancy: 9

#### • <u>Pratt Oxford House</u> (Men) 3210 E. 29<sup>th</sup> St. Spokane, WA 99223 T: (509) 474-1791 <u>Occupancy</u>: 7

#### <u>Roosevelt Oxford House</u> (Men) 1530 S. Lincoln St. Spokane, WA 99203 T: (509) 624-1952 Occupancy: 8

#### • **<u>Rowan Oxford House</u>** (Men)

1314 W. Rowan Ave. Spokane, WA 99205-5445 T: (509) 340-9674 <u>Occupancy</u>: 6  Sampson Oxford House (Men/Children) 5413 S. Arthur St. Spokane, WA 99223-6350 T: (509) 808-2555 <u>Occupancy</u>: 8

### • <u>**Tekoa Oxford House**</u> (Men) 24 E. 32<sup>nd</sup> Ave.

Spokane, WA 99203-2605 T: (509) 315-5264 <u>Occupancy</u>: 9

#### <u>Tobias Oxford House</u> (Men/Children) 13422 E. 7<sup>th</sup> Ave. Spokane Valley, WA 99216-0675 T: (509) 242-3665 <u>Occupancy</u>: 10

 Whipple Oxford House (Male) 1111 S. Whipple Rd. Spokane, Valley, WA 99206-2715 T: (509) 598-8956 <u>Occupancy</u>: 10

# **Pioneer Human Services – Spokane Residential Reentry Center**

Website: http://pioneerhumanservices.org/reentry/federal/spokane/ 3614 E. Ferry Ave. Spokane, WA 99202 T: (509) 535-3572 FAX: (509) 535-3662

<u>Focus</u>: Chemical dependency assessments, intensive outpatient treatment, aftercare, relapse prevention, community transition skills for federal male offenders in BOP custody or under U.S. Probation and Pretrial Services supervision.

# Victory Outreach Christian Recovery Homes

2901 N. Park Rd.Spokane Valley, WA 99212T: (509) 489-4808 (Pastor Alvin Moreno)

<u>Focus</u>: Christian rehabilitative home 1-year placements for men addressing substance abuse, gang involvement, etc. Nine beds available. A free program.

# **RECOVERY/TRANSITIONAL HOUSING – WOMEN**

# **New Horizon Care Centers Transitional Housing**

T: (509) 624-1244, Ext. 204 (Art Jacobs, Clinical Administrator)

<u>Focus</u>: Used in connection with females who have completed chemical dependency treatment at Isabella House to help them transition to a stable living situation in the community. Stay can be from a few days to as many as 18 months.

# **Oxford House**

Click for Application Form

Websites: <u>http://www.oxfordhouse.org</u> <u>http://oxfordvacancies.com</u> (current local vacancies)

<u>Focus</u>: There are 25 Oxford Houses in Spokane; 20 men's houses (2 that allow children) and 5 women's houses (3 that allow children). Oxford Houses present affordable, clean, and sober housing options for individuals in recovery. Contact Stacie (Outreach) at 1-509-619-3734 for information. The contact person for each house with a vacancy is sent a text message of your inquiry and the application.

#### • <u>Cannon Oxford House</u> (Women)

953 E. 35<sup>th</sup> Ave. Spokane, WA 99203-3163 T: (509) 474-0898 <u>Occupancy</u>: 8

# • <u>Hillyard Oxford House</u> (Women)

3008 E. Euclid Ave. Spokane, WA 99207-5612 T: (509) 279-2468 <u>Occupancy</u>: 7 • <u>Ruth Park Oxford House</u> (Women/Children) 5917 N. Washington St.

Spokane, WA 99205 T: (509) 413-1832 <u>Occupancy</u>: 10

#### • Shiloh Hills Oxford House (Women/Children)

515 E. Maxine Ave. Spokane, WA 99218-1116 T: (509) 473-9429 Occupancy: 9

#### • <u>Upriver Oxford House</u> (Women/Children)

3124 E. Baldwin Ave.
Spokane, WA 99207-5312
T: (509) 413-2396
Occupancy: 7

# **UGM Crisis Shelter for Women and Children**

Website: <u>https://www.uniongospelmission.org/crisis-shelter-for-women-and-children/</u>1515 E. Illinois Ave. Spokane, WA 99207 T: (509) 535-0486

<u>Focus</u>: Homeless single women and single women with children who are struggling to overcome drug and alcohol addictions as well as other life controlling behaviors.

# **Volunteers of America – Hope House**

Website: <u>https://www.voaspokane.org/hope-house</u> 111 W. Third Ave. Spokane, WA 99201 T: (509) 455-2886

<u>Focus</u>: Focusing on homeless women, regardless of mental health and/or chemical dependency issues or lifestyle. There are 34 shelter beds available each night. Food, showers, dry clothing, and hygiene items are provided, along with onsite case management resource information and referrals to community resources.

Hope House also has 25 apartments for low-income women who are ready to leave the streets. These are safe and affordable and serve as a transition to independent living. This residential program includes individualized case management and opportunities for permanent housing.

# **RECOVERY/TRANSITIONAL HOUSING – VETERANS**

**Pioneer Center East Housing Programs (Pioneer Human Services)** Website: <u>http://pioneerhumanservices.org/housing/permanent/carlyle/</u>

 Carlyle Care Center (PCE) 206 S. Post St. Spokane, WA 99201 T: (509) 624-1999 FAX: (509) 747-2498

<u>Focus</u>: A 151-bed assisted living facility which provides residential and assisted living care for adults and specializes in caring for the chronically mentally ill, developmentally disabled, dementia patients, and/or those with substance abuse issues. Many are court-ordered to residential care and can be admitted due to homelessness. Residents are often placed at Carlyle Care Center upon discharge from Eastern State Hospital and/or Sacred Heart Adult Psychiatric Unit. The facility admits residents that other assisted living facilities would not consider due to behavioral issues, frequent hospitalizations, and/or criminal history.

# **Pioneer Center East Housing Programs (continued)**

 Pioneer Victory House (PCE) Website: <u>http://pioneerhumanservices.org/housing/veterans/victory/</u>925 W. Broadway Ave. Spokane, WA 99201 T: (509) 326-6606 FAX: (509) 326-6607

<u>Focus</u>: Transitional housing and support serves for homeless veterans battling chemical dependency, mental health, medical issues, and criminal histories. A 35bed facility. Must have had an honorable or general discharge from the military. Referral must come from the Veterans Administration Medical Center (VAMC), *Healthcare for Homeless Veterans at (509) 462-2500*. There are case managers and individuals can reside there for up to 2 years. Free with qualification (homelessness is the qualifier). Additional veteran-designated housing units are available at the Carlyle Care Center in Spokane.

### Veterans Affairs Medical Center – Substance Abuse Treatment Program

Click for Release of Information Form Website: http://www.mentalhealth.va.gov/res-vatreatmentprograms.asp 4815 N. Assembly St. Spokane, WA 99205 T: (509) 434-7014 FAX: (509) 434-7149

Focus: Outpatient chemical dependency treatment

# SUBSTANCE ABUSE COMMUNITY EDUCATION

# **Greater Spokane Substance Abuse Council**

Website: <u>http://www.gssac.org/</u> 8104 E. Sprague Ave. Spokane Valley, WA 99212-2900 T: (509) 922-8383 FAX: (509) 922-7716

<u>Focus</u>: Educate and inform the community as to substance abuse and violence with an emphasis on the youth.

# **MENTAL HEALTH TREATMENT – ADULTS**

NATIONAL SUICIDE PREVENTION LIFELINE: 1-800-273-TALK (8255)

### **Catholic Charities Counseling Services**

Website: http://www.catholiccharitiesspokane.org 12 E. 5<sup>th</sup> Ave. Spokane, WA 99202 T: (509) 242-2308 FAX: (509) 455-4988

Focus: Individual and group counseling for Medicaid clients. Sliding fee.

# Division of Children and Family Services – Washington State Department of Social and Health Services

1313 N. Atlantic St., Ste. 2000
Spokane, WA 99201
T: (509) 363-3500
Toll Free: (800) 557-9671
FAX: (509) 363-4601

<u>Focus</u>: Working with parents, family members and community professionals and children who are experiencing behavioral problems in school, home, foster care and history of sexual/physical abuse.

#### **Eastern State Hospital**

Click for Release of Information Form Website: https://www.dshs.wa.gov/bha/division-state-hospitals/eastern-state-hospital-overview 850 Maple St. Medical Lake, WA 99022 T: (509) 565-4000 FAX: (509) 565-4605

Focus: State-run psychiatric hospital

#### Fairchild Air Force Base Family Advocacy Program

701 Hospital Loop Rd., Room 2, Bldg. 9000 Fairchild Air Force Base, WA 99011-0000 T: (509) 247-2731 FAX: (509) 247-4499

<u>Focus</u>: Counseling for families facing deployment, alcoholism, and counseling service.

#### **Frontier Behavioral Health**

Click for Release of Information Form 107 S. Division St. (Main Center) Spokane, WA 99202 T: (509) 838-4651 Medical Records: (509) 838-4651 ext. 327470 FAX: (509) 456-4536 (Medical Records)

<u>Focus</u>: Frontier Behavioral Health serves the needs of adults, youth, and elders who are confronting a wide range of mental health and emotional issues; this includes individuals who are impacted by substance use disorders. Frontier Behavioral Health has programs which include *Adult Services, Crisis Response, Child and Family Services, Inpatient & Stabilization Services, Elder Services, Psychiatric Services, Psychological Services, Food Program, and Health Home and Care Transitions. It also has specialist staff who are trained in multicultural issues, the needs of the deaf and hard of hearing, developmental disabilities, children's mental health, and older adult populations. In addition, FBH operates two 16-bed inpatient Evaluation and Treatment facilities and a 16-bed Stabilization program.* 

Hulskamp Building Adult Outpatient, Executive Offices, Human Resources & Finance 103 E. First Ave. Spokane, WA 99202

Child & Family Services 131 S. Division St. Spokane, WA 99202

Intensive Outpatient Services (Information Services) 17 E. First Ave. Spokane, WA 99202

Elder Services – COPES and Other Programs 5125 N. Market Spokane, WA 99217 T: (509) 458-7450

Evergreen Club Evergreen Employment Services & Homeless Outreach Team 2102 E. Sprague Ave. Spokane, WA 99202

Spokane Valley Office 317 No. Pines Spokane Valley, WA 99206

Family Services – Washington Branch 151 S. Washington Spokane, WA 99201

Family Services – Symons Building 7 S. Howard, Ste. 321 Spokane, WA 99201

Foothills Evaluation & Treatment Program for Assertive Community Treatment (PACT) 505 E. North Foothills Dr. Spokane, WA 99207

Calispel Evaluation & Treatment Stabilization Program 1401 N. Calispel Spokane, WA 99201

Frontier Institute 400 S. Jefferson Street, Ste. 109 Spokane, WA 99204

Intensive Co-occurring Services (ICOS) 127 W. Boone Ave. Spokane, WA 99201

# **ADULT SERVICES**

- <u>Adult Outpatient Services</u>: This program provides brief therapy (typically less than 6 months) to adults. The service can include case management, medication management through Frontier Behavioral Health Psychiatric Services, and group therapy (including psycho-education and trauma-focused treatment). An individual can be referred following an intake assessment. For services call (**509**) **838-4651** or (**509**) **838-4128**.
- <u>Intensive Outpatient Services (IOP)</u>: The focus is concentrated treatment for adults needing assistance with emotional or behavioral regulation. Participants attend a variety of group and individual treatment three or four times per week. The programs helps individuals learn to address the symptoms and patterns of behavior related to their mental illness. The program is from 12 to 16 months in length and focuses on individual and group therapy, psycho-educational groups and classes, case management, medication management through Frontier Behavioral Health's Psychiatric Services, and crisis intervention services. An individual can be referred following an intake assessment. For services call (**509**) **838-4651**.

- <u>Adult Recovery Services</u>: Intensive adult recovery services are designed to meet the needs of individuals diagnosed with severe and persistent mental illness with complex needs. Individuals receive assistance managing their illness and improving the quality of their life while remaining in their own home, a group home, or a residential facility. Individualized care may include education about their disorder and symptom management, benefit access assistance, obtaining stable housing, development of skills needed to improve quality of life, medication management through Frontier Behavioral Health's Psychiatric Services, connecting the individual with needed supports and resources, assistance with pursuing educational and vocational goals, group and individual therapy, peer support services, designing a plan that utilizes a client's strengths to achieve their life goals. An individual can be referred following an intake assessment. For services call (509) 838-4128 or (509) 838-4651.
- <u>Program for Assertive Community Treatment (PACT)</u>: PACT provides intensive outpatient services to individuals who have high needs and frequently utilize community resources such as state hospitals, emergency rooms, and the criminal justice system. PACTS services are typically long-term and are available 24 hours/7 days and include case management, individual and group therapy, psycho-educational classes and groups, housing assistance, educational or vocational pursuit assistance, community resources assistance, substance use disorder services, and medication management through Frontier Behavioral Health's Psychiatric Services.
- Evergreen Club: A fully accredited Mental Health Clubhouse by Clubhouse International and the State of Washington. It serves residents of Spokane County over the age of 18 whose lives have been affected by mental illness. Members and staff work together to promote the well-being and success of each individual in the club. Vital daily tasks are performed to give them ownership over their journey to recovery. The Evergreen Club believes those recovering from mental illness should have a place to go, return to, work opportunities, and meaningful relationships. To access the Evergreen Club, individuals must be enrolled in mental health serves with Frontier Behavioral Health or another provider within the system. For more information call (509) 458-7454.

Evergreen Club 2102 E. Sprague Ave. Spokane, WA 99202 T: (509) 458-7454

• <u>Evergreen Employment Services (EES)</u>: EES assists referred individuals to explore areas of vocational interest and obtain employment. EES uses evidence-based Supported Employment practices and collaborates with mental health providers, medical and psychiatric providers, employers and family members to address special needs, employment goals, and educate those returning to or entering the workforce. Services include Trial Work Experience/Community-Based Assessment/Job Placement Services/Intensive Training Services/ and Job Retention.

# **CRISIS RESPONSE**

• <u>Crisis Outreach & Involuntary Treatment Act (ITA) Evaluations</u>: Services are provided 24 hours/7 days by master's level staff who are skilled in crisis intervention and resolution. The primary focus is to assist individuals of any age who are in emotional crisis by completing a holistic assessment and implementing appropriate measures to maintain their safety and stability. Staff assess an individual's level of functioning and risk and collaborate with them to create a viable stabilization plan. Staff are trained as Designated Mental Health Professionals (DMHP) in order to provide involuntary treatment assessments under the Involuntary Treatment Act (ITA). All DMHPs are certified as Child Mental Health Specialists (CMHS) and most have other specializations such as chemical dependency, geriatric, ethnic minority, and development disability. Onsite walk-in is available between 8 a.m. and 5 p.m. Monday through Friday (appointments are also an option). There is no charge for services. Call (509) 838-4651.

- <u>Crisis Diversion Team</u>: Assistance is provided to individuals who are at moderate to high risk of crisis and may require immediate support and referral to community resources and treatment services. The goal is to avoid preventable psychiatric hospitalizations by assessing individual needs and providing crisis intervention services. Available to individuals of any age who are in emotional crisis or experiencing a psychiatric emergency. The team is available Monday through Friday during business hours. After hours response is provided by Crisis Response Services.
- First Call for Help (509) 838-4428: This service provides telephone intervention and community information services 24 hours/7 days/365 days per year, regardless of age, culture, or insurance coverage. Trained volunteers are under the supervision of professional staff and provide supportive listening, immediate assistance to people in emotional crisis, current community resource information, and 24-hour access to crisis response services and/or mental health services. Volunteers can respond to issues such as relationship problems, domestic violence, substance abuse, thoughts of suicide. grief, deaf/hard of hearing resources. emergency shelter/food/transportation matters, etc.
- <u>Eastern Washington 211 (EW211)</u>: This is a free number for access to information about health and human services. Callers are connected to a trained Information and Referral Specialist who is able to link them to services in Spokane, Ferry, Pend Oreille, and Stevens Counties. EW211 is able to provide information about food, clothing, shelter, legal services, employment, utility payment assistance, senior services, health care, low income housing, substance abuse, educational services, volunteer opportunities, and other social services. EW211 maintains a database of more than 500 agencies and is updated annually. To reach this service dial **2-1-1** or call **1-866-904-9060**. Web access is also available at <a href="http://win211.org">http://win211.org</a>.
- <u>Mobile Community Assertive Treatment (MCAT</u>): This is a mobile outreach team that provides rapid response diversionary services/resources to individuals of all ages.

# **CHILD & FAMILY SERVICES**

<u>Focus</u>: Frontier Behavioral Health provides an array of mental health services to youth and family who need support in managing mental health symptoms, including interventions focusing on emotional, social, and behavioral improved functioning. After-school and evening appointments accommodate family schedules. Youth and families who could derive benefit from services include those with mood disorders that are interfering with daily functioning, behavioral problems, history of trauma, poor social skills, family stressors. To access these services call (**509**) **838-4651** or (**509**) **838-4128**.

- <u>Families and Schools Succeeding Together (FASST)</u>: FASST is in partnership with East Valley School District (EVSD) and provides outpatient mental health services for students and families at each district school. Services include individual and family therapy, case and medication management, coordination and collaboration with school staff and community partners. Contact EVSD schools or a FASST counselor by calling (509) 838-4128.
- <u>Wraparound with Intensive Services (WISe)</u>: WISe provides individualized services to ensure youth and their families live successfully in their homes and communities.

## **ELDER SERVICES**

<u>Focus</u>: Primary access for services and resources promoting independence and enhanced quality of life for Spokane County home-dwelling older adults, especially those at-risk and isolated. Services include in-home interdisciplinary clinical case management, medication management through Frontier Behavioral Health's Psychiatric Services, telephone information and assistance, caregiver support (Respite and Kinship Care), volunteer escort special transportation, Medicaid Waiver (COPES) case management, and group therapy.

• <u>Information and Assistance Line</u>: For questions about long term care, including services or resources, Information and Assistance staff are available Monday through Friday from 8 a.m. to 5 p.m. Please call (**509**) **458-7450**.

- <u>Family Caregiver Support Services</u>: To receive services through Family Caregiver Support (including respite), caregivers must be unpaid and meet state and federal eligibility requirements. This could include providing substantial care to an adult disabled person or a young relative for whom they have assumed care. For respite, caregivers must provide at least 40 hours of care per week. Caregivers are usually family members. To apply for services, call Information and Assistance at (**509**) **458-7450**.
- <u>Care Cars</u>: This program provides volunteer transportation service for seniors and disabled individuals who have no other means and are in need of an escort. Call (**509**) **458-7450** to determine eligibility.

## **PSYCHIATRIC SERVICES**

- Expanded Community Services: Designed to overcome barriers to discharge for long-term hospitalized patients, primarily the elderly, with chronic mental illness and behavioral problems. These services are long-term in nature and include comprehensive diagnostic assessment, psychopharmacology consultation, education and training in behavior management for skilled nursing and residential care facility staff, behavioral interventions, collaborative crisis management, and coordination of services with other community care providers. ECS is provided through area nursing homes, assisted living facilities, and adult family homes.
- <u>Psychiatric Residential Consultation</u>: Designed to provide community-based mental health services for individuals in skilled nursing facilities with complex mental health, medical, and behavior management issues.
- <u>Medication Management</u>: Includes routine outpatient psychiatric diagnostic evaluations, medication management, and case consultation for adults and youth enrolled in outpatient services within the network. Also includes a prescriber walk-in clinic to meet urgent needs of those enrolled in medication management services with Frontier Behavioral Health.

# **PSYCHOLOGICAL SERVICES**

• <u>Involuntary Treatment Act (ITA) Court Evaluation Services</u>: Psychologists provide legally mandated court evaluation services to ensure individuals who have been detained under the ITA meet legal requirements associated with the process. Individuals must be suicidal, homicidal, and/or gravely disabled attributable to a diagnosable mental illness.

# **INPATIENT & STABILIZATION SERVICES**

• Evaluation and Treatment (E & T) Services:

Provided to those 18 years and older in Frontier Behavioral Health's two 16bed evaluation and treatment beds. The goal is to stabilize those experiencing psychiatric instability who are at risk of harming themselves or others, or who are gravely disabled as a result of their psychiatric condition and prevent the need for psychiatric hospitalization. May be referred on either a voluntary or involuntary basis. Length of stay dependent upon needs of the individual, but generally less than a week.

• <u>Stabilization Services</u>: A 16-bed Residential Treatment Facility providing short-term (generally several days) stabilization triage services on a voluntary basis for individuals age 18 or older who are experiencing a mental health crisis. Goal is to provide assistance resolving the crisis, decrease symptoms, and make appropriate connections in the community for ongoing services. Referrals can be made by calling (**509**) **838-4428**.

# Northwest Family Advocates

Website: http://www.nwfamilyadvocates.org/ 319 W. Hastings Rd., Ste. A110 Spokane, WA 99218 T: (509) 326-8875

<u>Focus</u>: Family and individual counseling, parenting, working with adolescents and military families.

#### **Partners with Families and Children**

Website: http://www.partnerswithfamilies.org/ 1321 W. Broadway Ave. Spokane, WA 99201 T: (509) 473-4810 Fax: (509) 473-4840

<u>Focus</u>: Partners with Families and Children provides a full range of services including a children's advocacy center, fussy baby network, parenting support, community outreach and education, child forensic interviews, specialized medical examinations, Kids Court/Teen Court, child legal advocacy, mental health services, substance use disorders, treatment, parenting support, child and family team coordination). Services are for children who have suffered abuse and/or neglect and parenting individuals and family members needing mental health and chemical dependency treatment.

# Spokane County Community Services, Housing, and Community Development

Website: <u>https://www.spokanecounty.org/1153/Community-Service-Housing-Community-Deve</u>

<u>Focus</u>: This agency contracts for regional funding and has administrative oversight for programs and services that focus on integration of mental health and substance use disorders; supporting criminal justice diversion services and alternatives to incarceration; early intervention, prevention, and treatment; reducing homelessness and hospitalizations; promoting employment and education services; and increasing affordable housing.

#### **Survivor Support Services**

Holland Building 9507 N. Division St., Ste. G Spokane, WA 99218 T: (509) 484-4021

<u>Focus</u>: Support and counseling for all who have experienced and survived trauma, depression, addictions, codependency, abuse, and family relationships.

#### **YFA Connections (Youth – Family – Adult)**

Click for Release of Information Form

<u>Note</u>: "Name:" at the top of the release is for the requesting attorney (or investigator). Rather than a check mark, the client's initials must appear next to each category of information chosen and also for the "purpose" of the release. Website: http://www.yfaconnections.org/

22 S. Thor St. (*Mailing: P.O. Box 3344, Spokane, WA 99220*) Spokane, WA 99202 T: (509) 532-2000 FAX: (509) 532-2005

<u>Focus</u>: Provide education, prevention, intervention, and treatment services to youth, families, and adults in conflict or crisis.

#### • ASPIRE (YFA)

Website: http://www.yfaconnections.org/services.html

<u>Focus</u>: Adult co-occurring mental health and substance abuse treatment (dual diagnosis enhanced treatment program).

#### • STEPPS (YFA)

Website: http://www.yfaconnections.org/services.html

<u>Focus</u>: Adult chemical dependency assessment and intensive outpatient and outpatient treatment including group, individual, and family counseling as well as psychiatric medication management.

# **MENTAL HEALTH TREATMENT – WOMEN**

#### PCAP (Parent-Child Assistance Program)

Website: <u>http://depts.washington.edu/pcapuw/</u> 701 E. 3<sup>rd</sup> Ave. Spokane, WA 99202 T: (509) 838-6092 FAX: (509) 838-3840

<u>Focus</u>: PCAP is an advocacy agency that works with women who have used chemicals during a current pregnancy or are within 6 months postpartum. It is a 3-year enrollment and women are not discharged for relapse. The women are referred to a variety of community resources such as chemical dependency and mental health treatment. Assigned advocates remain alongside the women through court action and other processes.

# **MENTAL HEALTH TREATMENT – YOUTH**

## Division of Children and Family Services – Washington State Department of Social and Health Services

1313 N. Atlantic St., Ste. 2000
Spokane, WA 99201
T: (509) 363-3500
Toll Free: (800) 557-9671
FAX: (509) 363-4601

<u>Focus</u>: Working with parents, family members and community professionals and children who are experiencing behavioral problems in school, home, foster care and history of sexual/physical abuse.

#### **Eagle Peak School at the Pratt Building**

Website: <u>http://www.spokaneschools.org/Page/16026</u>? 6903 E. Fourth Ave. Spokane Valley, WA 99212 T: (509) 354-7100 FAX: (509) 354-7070

<u>Focus</u>: Behavior intervention grades 4 through 12 for students requiring behavioral and social/emotional skills.

#### **Frontier Behavioral Health**

Click for Release of Information Form 107 S. Division St. (Main Center) Spokane, WA 99202 T: (509) 838-4651 Medical Records: (509) 838-4651 ext. 327470 FAX: (509) 456-4536 (Medical Records)

<u>Focus</u>: Frontier Behavioral Health serves the needs of adults, youth, and elders who are confronting a wide range of mental health and emotional issues; this includes individuals who are impacted by substance use disorders. Frontier Behavioral Health has programs which include *Adult Services, Crisis Response, Child and Family Services, Inpatient & Stabilization Services, Elder Services, Psychiatric Services, Psychological Services, Food Program, and Health Home and Care Transitions. It also has specialist staff who are trained in multicultural issues, the needs of the deaf and hard of hearing, developmental disabilities, children's mental health, and older adult populations. In addition, FBH operates two 16-bed inpatient Evaluation and Treatment facilities and a 16-bed Stabilization program.* 

#### **CHILD & FAMILY SERVICES**

<u>Focus</u>: Frontier Behavioral Health provides an array of mental health services to youth and family who need support in managing mental health symptoms, including interventions focusing on emotional, social, and behavioral improved functioning. After-school and evening appointments accommodate family schedules. Youth and families who could derive benefit from services include those with mood disorders that are interfering with daily functioning, behavioral problems, history of trauma, poor social skills, family stressors. To access these services call (**509**) **838-4651** or (**509**) **838-4128**.

- <u>Families and Schools Succeeding Together (FASST)</u>: FASST is in partnership with East Valley School District (EVSD) and provides outpatient mental health services for students and families at each district school. Services include individual and family therapy, case and medication management, coordination and collaboration with school staff and community partners. Contact EVSD schools or a FASST counselor by calling (509) 838-4128.
- <u>Wraparound with Intensive Services (WISe)</u>: WISe provides individualized services to ensure youth and their families live successfully in their homes and communities.
- <u>Medication Management</u>: Includes routine outpatient psychiatric diagnostic evaluations, medication management, and case consultation for adults and youth enrolled in outpatient services within the network. Also includes a prescriber walk-in clinic to meet urgent needs of those enrolled in medication management services with Frontier Behavioral Health.

## **ADDITIONAL PROGRAMS**

- <u>Food Program</u>: The food program provides federal funds to licensed in-home child care providers so that nutritious meals and snacks can be provided to the children. The goal of the program is to improve and maintain the health and nutritional status of children while promoting development of good eating habits.
- <u>Health Homes and Care Transitions</u>: Frontier Behavioral Health provides care coordination to adults or youth with chronic health conditions who are referred through their health plans for additional support in assisting them to effectively manage their illness.

**Institute for Family Development** (formerly Behavioral Sciences Institute) Website: http://www.institutefamily.org/

720 W. Boone Ave., Ste. 102 Spokane, WA 99201 T: (509) 328-3802

<u>Focus</u>: Provides innovative and cost-effective in-home services to children and families including HOMEBUILDERS Intensive Family Preservation and Intensive Family Reunification Services (IFPS), Parent Child Interaction Training (PCIT), Parents and Child Together (PACT), and Functional Family Therapy (FFT). The programs address the growing problems of family dissolution, child abuse and neglect, juvenile delinquency, and family conflict.

#### **Native Project**

Click for Release of Information Form Website: http://nativeproject.org/ 1803 W. Maxwell Ave. Spokane, WA 99201 T: (509) 325-5502 FAX: (509) 325-9839

<u>Focus</u>: Medical, mental health, and dental (adults), outpatient chemical dependency treatment, and behavioral health (adolescents)

## **Northwest Family Advocates**

Website: <u>http://www.nwfamilyadvocates.org/</u> 319 W. Hastings Rd., Ste. A110 Spokane, WA 99218 T: (509) 326-8875

<u>Focus</u>: Family and individual counseling, parenting, working with adolescents and military families.

#### Partners with Families and Children

Website: <u>http://www.partnerswithfamilies.org/</u> 1321 W. Broadway Ave. Spokane, WA 99201 T: (509) 473-4810 Fax: (509) 473-4840

<u>Focus</u>: Partners with Families and Children provides a full range of services including a children's advocacy center, fussy baby network, parenting support, community outreach and education, child forensic interviews, specialized medical examinations, Kids Court/Teen Court, child legal advocacy, mental health services, substance use disorders, treatment, parenting support, child and family team coordination). Services are for children who have suffered abuse and/or neglect and parenting individuals and family members needing mental health and chemical dependency treatment.

#### **Tamarack Center**

Website: http://www.tamarack.org/ 2901 W. Fort George Wright Dr. Spokane, WA 99224 T: (509) 326-8100 Toll Free: (800) 736-3410

<u>Focus</u>: Long-term, residential and psychiatric services for emotionally disturbed children/adolescents. Family involvement encouraged.

#### **YFA Connections (Youth – Family – Adult)**

Click for Release of Information Form

<u>Note</u>: "Name:" at the top of the release is for the requesting attorney (or investigator). Rather than a check mark, the client's initials must appear next to each category of information chosen and also for the "purpose" of the release. Website: <u>http://www.yfaconnections.org/</u>

22 S. Thor St. (*Mailing: P.O. Box 3344, Spokane, WA 99220*) Spokane, WA 99202 T: (509) 532-2000 FAX: (509) 532-2005

<u>Focus</u>: Provide education, prevention, intervention, and treatment services to youth, families, and adults in conflict or crisis.

# YFA Connections (Youth – Family – Adult) (continued)

 CRC (Crisis Residential Center) (YFA) Website: <u>http://www.yfaconnections.org/services.html</u> 201 W. 6<sup>th</sup> Ave. Spokane, WA 99202 T: (509) 624-2868 (24-hour crisis hotline for adolescents/families) FAX: (509) 747-1730

<u>Focus</u>: CRC provides temporary shelter and crisis counseling to youths ages 12 to 17 who are in conflict with their family, have run away from home (or are at risk to do so), or are homeless. The ultimate goal is family reconciliation. Youth at CRC are provided with individual, group, and family counseling that is tailored to their personal needs. CRC is open 24 hours every day (including holidays).

# **ADVOCACY FOR THE MENTALLY ILL**

**Behavioral Health Ombudsman Service for Spokane County** 905 W. Riverside Ave., Ste. 507 Spokane, WA T: (509) 477-4666

<u>Focus</u>: Assists persons eligible for publicly-funded mental health services who have complaints or grievances about services received.

NAMI (National Alliance for the Mentally III) Website: <u>http://www.namispokane.org/</u> Peyton Building 10 N. Post St., Ste. 638 Spokane, WA 99201 T: (509) 838-5515

<u>Focus</u>: Public education and information activities, family and peer education and support activities, advocacy on behalf of people living with mental illness, community health, and community events that raise funds and awareness while engaging the public.

# **HOUSING FOR THE MENTALLY ILL**

**Pioneer Center East Housing Programs (Pioneer Human Services)** Website: <u>http://pioneerhumanservices.org/housing/permanent/carlyle/</u>

 Carlyle Care Center (PCE) 206 S. Post St. Spokane, WA 99201 T: (509) 624-1999 FAX: (509) 747-2498

<u>Focus</u>: A 151-bed assisted living facility which provides residential and assisted living care for adults and specializes in caring for the chronically mentally ill, developmentally disabled, dementia patients, and/or those with substance abuse issues. Many are court-ordered to residential care and can be admitted due to homelessness. Residents are often placed at Carlyle Care Center upon discharge from Eastern State Hospital and/or Sacred Heart Adult Psychiatric Unit. The facility admits residents that other assisted living facilities would not consider due to behavioral issues, frequent hospitalizations, and/or criminal history.

#### • Phoenix House (PCE)

Website: http://pioneerhumanservices.org/housing/transitional/phoenix-house/ 703 E. Hartson Ave. Spokane, WA 99202 T: (509) 232-7081 FAX: (509) 232-7085

<u>Focus</u>: A 40-unit transitional housing program providing low-cost housing (a monthly service fee) for adults with mental health issues (adults with children are allowed) active with Title 19 Medicaid. Housing is available for up to 6 months and residents must adhere to a service agreement rather than a lease. Spokane County owns and sponsors the Phoenix House and Pioneer Human Services manages the program. Residents must be actively looking for permanent housing. Residents have case managers and must be actively participating in mental health treatment. Convictions for arson, sex offenses, or violence against vulnerable adults or children are disqualifiers. A weapons and drug-free facility.

## **Sunshine House**

Website: http://www.sunshinehealthfacilities.com/default.htm 10412 E. 9<sup>th</sup> Ave. Spokane Valley, WA 99206 T: (509) 924-6020 FAX: (509) 922-9119

Focus: Independent boarding home for residents with mental health needs.

#### **Sunshine Terrace**

Website: http://www.sunshinehealthfacilities.com/default.htm 1102 Raymond Rd., #B Spokane Valley, WA 99206 T: (509) 892-4342 FAX: (509) 922-9119

<u>Focus</u>: Residential care facility providing living options and programs for residents with mental health needs.

# SHELTERS AND SERVICES FOR HOMELESS FAMILIES, OR WOMEN (AND CHILDREN)

#### **The Salvation Army**

Website: <u>http://www.spokane.salvationarmynw.org/</u> 222 E. Indiana Ave. Spokane, WA 99207-2318 T: (509) 325-6810

<u>Focus</u>: This Christian-based organization preaches the gospel of Jesus Christ and attempts to meet human needs without discrimination.

#### The Salvation Army (continued)

• Homeless Family Coordinated Assessment Program – The Salvation Army

19 W. Pacific Ave. Spokane, WA 99207 T: (509) 325-5005

<u>Focus</u>: Provides homeless families with a centralized intake process and efficient referral to appropriate programs and services. Assessments are conducted on a walkin basis on Monday through Thursday from 12:30 p.m. to 5 p.m. (times can be subject to change). Intakes also can be completed at SNAP and Volunteers of America.

#### • Family Emergency Center - The Salvation Army T: (509) 325-5005

<u>Focus</u>: There are 18 fully furnished, self-contained studio units for homeless families with children or couples without children. Participants may stay for up to 90 days while working with a case manager, attending monthly Life Skills classes, working to increase their income, and locating appropriate and affordable housing. There is a Warming Center for families and couples that do not have shelter during times when the temperature drops to 15 degrees or below.

#### • Stepping Stones Transitional Housing – The Salvation Army T: (509) 325-5005

<u>Focus</u>: A 30-unit apartment complex for homeless families with children that are at or below 30% of the median income for Spokane County. Families are required to participate in case management and Life Skills classes. They may remain for up to 24 months while they work toward increasing their income, paying off debt, addressing issues which lead to their homelessness, and locating affordable housing.

## **SHELTERS AND SERVICES FOR THE HOMELESS – MEN**

## **Catholic Charities**

Website: <u>https://www.catholiccharitiesspokane.org/house-of-charity</u>

• House of Charity 32 W. Pacific Ave. Spokane, WA 99201 T: (509) 624-7821

Focus: Offers overnight accommodations for men only.

#### **Frontier Behavioral Health**

107 S. Division St. (Main Center)
Spokane, WA 99202
T: (509) 838-4651
Medical Records: (509) 838-4651 ext. 327470
FAX: (509) 456-4536 (Medical Records)

<u>Focus</u>: Serves the needs of adults, youth, and elders confronting mental health and emotional issues; includes individuals impacted by substance abuse. Programs include *Adult Services, Crisis Response, Child and Family Services, Inpatient & Stabilization Services, Elder Services, Psychiatric Services, Psychological Services, Food Program, and Health Home and Care Transitions.* It also has specialist staff who are trained in multicultural issues, the needs of the deaf and hard of hearing, developmental disabilities, children's mental health, and older adult populations.

• <u>Homeless Outreach Team</u>: Staff initiate and maintain relationships with homeless individuals, helping them meet immediate needs with basic survival services such as emergency food provisions, shelter, and clothing. Staff also connect individuals to needed medical care, substance detoxification, domestic violence shelters, and/or assessment for mental health services.

## **UGM Men's Shelter and Recovery**

Website: <u>http://www.ugmspokane.org</u> 1224 E. Trent Ave. Spokane, WA 99202 T: (509) 535-8510

<u>Focus</u>: Housing for men with services that include an employment program and recovery which continues for a period of 18 months to 2 years.

# SHELTERS AND SERVICES FOR HOMELESS AND VICTIMS OF DOMESTIC VIOLENCE – WOMEN (MAY INCLUDE CHILDREN)

#### Alexandria's House (Pregnant Teens) – Volunteers of America

Website: <u>https://www.voaspokane.org/alexandrias-house</u>

949 E. Augusta Ave.Spokane, WA 99207T: (509) 489-0349FAX: (509) 487-3863

<u>Focus</u>: Offers a loving home where young women between the ages of 16 and 20 receive support and guidance as they become mothers and lead a family. There is space for six mothers and their babies. Parenting education is provided and community partners offer emotional, psychological, and physical support systems with the goal of overcoming cycles of poverty, child abuse and neglect.

#### **Crosswalk Youth Center – Volunteers of America**

Website: <u>http://www.voaspokane.org/crosswalk</u> 525 W. Second Ave. Spokane, WA 99201 T: (509) 838-6596 FAX: (509) 624-2275

<u>Focus</u>: Emergency shelter, a school drop-out prevention program, with other programs designed to break the cycle of youth homelessness. For at-risk youth ages 13 to 18. Emergency shelter is available 365 days a year and all services are free and voluntary.

#### Frontier Behavioral Health

107 S. Division St. (Main Center)
Spokane, WA 99202
T: (509) 838-4651
Medical Records: (509) 838-4651 ext. 327470
FAX: (509) 456-4536 (Medical Records)

<u>Focus</u>: Frontier Behavioral Health serves the needs of adults, youth, and elders who are confronting a wide range of mental health and emotional issues; this includes individuals who are impacted by substance use disorders. Frontier Behavioral Health has programs which include *Adult Services*, *Crisis Response*, *Child and Family Services*, *Inpatient & Stabilization Services*, *Elder Services*, *Psychiatric Services*, *Psychological Services*, *Food Program*, and *Health Home and Care Transitions*. It also has specialist staff who are trained in multicultural issues, the needs of the deaf and hard of hearing, developmental disabilities, children's mental *health*, and older adult populations.

• <u>Homeless Outreach Team</u>: Staff initiate and maintain relationships with homeless individuals and help them meet their immediate needs with basic survival services such as emergency food provisions, shelter, and clothing. Staff also connect individuals to needed medical care, substance detoxification, domestic violence shelters, and/or assessment for mental health services.

#### **Hope House Women's Shelter – Volunteers of America**

Website: <u>https://www.voaspokane.org/hope-house</u> 111 W. Third Ave. Spokane, WA 99201 T: (509) 455-2886

<u>Focus</u>: Emergency shelter for homeless women. There are also 25 low-income apartments for women who want to leave the streets and are committed to overcoming the causing of their homelessness. There is individualized case management and opportunities for permanent housing.

## Miryam's House – Transitions

Website: <u>http://www.help4women.org/programs/miryams-house</u> 1805 W. Ninth Ave. Spokane, WA 99204 T: (509) 747-9222

<u>Focus</u>: A transitional housing program for homeless women. Women must complete a Singles Homeless Coordinated Assessment (SHCA) or be referred by the Women's Hearth. To complete the assessment, call SNAP at (509) 744-3370. The assessment is based on need and prioritizes women who are fleeing domestic violence or exiting substance abuse or psychiatric treatment programs. Housing is offered for one year with a focus on promoting permanent change. The SHCA may also act as a referral for other programs but does not guarantee placement at Miryam's House.

#### St. Anne's Child and Family Center

Website: http://stanneskids.com/ 25 W. 5th Ave. Spokane, WA 99204 T: (509) 232-1111

<u>Focus</u>: This secure, locked facility helps families with health care, housing, food, workforce development, and economic security. Child care and parenting classes offered.

#### **St. Margaret's Shelter – Catholic Charities**

Website: <u>https://www.catholiccharitiesspokane.org/st-margarets-shelter</u> 101 E. Hartson Ave. Spokane, WA 99202 T: (509) 624-9788

<u>Focus</u>: Emergency and transitional shelter for women and their children. There are 18 units for 3 to 5 family members who may remain for up to 2 years.

#### **Transitions**

Website: http://www.help4women.org/ 3128 N. Hemlock St. Spokane, WA 99205 T: (509) 328-6702 FAX: (509) 325-9877 Email: info@help4women.org

• Educare – Transitions 3120 N. Hemlock St. Spokane, WA 99205 T: (509) 325-8632

<u>Focus</u>: Nurture and support all aspects of a child's development while working to increase opportunities for individual achievement and develop a stronger sense of individual value, empathy, and self-awareness for children in the program. The program is typical of a preschool with teachers who are qualified to help children recovery from the trauma of homelessness or reconnecting with their mother. There are weekly parenting groups.

# • The Women's Hearth – Transitions

920 W. Second Ave.Spokane, WA 99201T: (509) 455-4249

<u>Focus</u>: Access to basic needs such as showers, food, and hygiene products. Over 60 groups and classes per month, including 12-step meetings, support groups, life skills classes. Community meals, meetings, speakers. Access to resources/referrals to various social services, particularly housing and mental health concerns. Free access to computers and the Internet in a technology center as well as assistance in learning computer skills.

## **Transitions (continued)**

 Transitional Living Center (TLC) and Chiara House (duplex) – Transitions

T: (509) 325-2959

<u>Focus</u>: TLC is dedicated to helping homeless women with children create stability in their lives. It is a transitional housing program where participating can reside for up to 24 months. There are 1-, 2-, and 3-bedroom apartments and a total of 15 units. They provide life skills training, have an onsite computer/technology center, onsite childcare, family-focused program with parenting support.

## • Growing Hope Garden – Transitions

<u>Focus</u>: Provides hands-on experience for homeless and low income women in gardening and marketing skills. Creates a therapeutic environment for healing and personal growth. Teaches sustainable and ecological gardening. Increases economic self-sufficiency and provides access to nutritious food. Produce also used in bakery/café job training programs and any waste is composted.

 New Leaf Bakery Café – Transitions 12 E. Fifth Ave. (inside Catholic Charities) Spokane, WA 99202 T: (509) 496-0396

<u>Focus</u>: A job training program that blends education, hands-on work experience, and supportive services designed to help women gain confidence and skills for self-sufficiency. Vocational specialist available to help with resume writing, interview skills, etc. Training program is free to women in the Spokane area who are struggling to find employment and would benefit from food service training.

#### • New Leaf Catering – Transitions T: (509) 496-0396 Email: newleaf@help4women.org

<u>Focus</u>: Catering orders are prepared by New Leaf Trainees who are supervised and instructed by a professional chef. Orders for 10 to 250 people.

# UGM Crisis Shelter for Women & Children

Click for Release of Information Form

Website: <u>https://www.uniongospelmission.org/crisis-shelter-for-women-and-</u>children/

1515 E. Illinois Ave.Spokane, Washington 99207T: (509) 535-0486

<u>Focus</u>: Provides a safe, health, short-term refuge for women and children in crisis. If stays exceed two weeks, life skills classes are required to address the underlying causes of homelessness. Some residents are mentored to initiate their own small business with the goal of becoming financial self-sufficient.

# **YWCA - Alternatives to Domestic Violence Program**

Website: <u>http://ywcaspokane.org/</u>
930 N. Monroe St.
Spokane, WA 99201
T: (509) 326-1190
T: (509) 789-9297 (counseling office)
24-hour Domestic Violence Hotline: (509) 326-2255 or (509) 326-CALL

<u>Focus</u>: Shelter and housing for survivors of domestic violence and their children, legal representation, counseling, and support for children and youth who have experienced trauma. Safety planning is available through the support team. *Wrap Around Wednesday* is a public clinic designed to provide access to as many of their services as possible in one setting. Hours are 1 pm to 5 pm but it is suggested you arrive by 12:45 pm as maximum capacity is often reached. Services are free.

# LOW INCOME HOUSING AND ENERGY ASSISTANCE

# **Catholic Charities Spokane (Main Office)**

12 E. Fifth Ave. Spokane, WA 99202 T: (509) 358-4250

Focus: Mental health counseling and emergency needs addressing utilities, etc.

## **Catholic Housing Communities**

Website: <u>http://www.catholiccharitiesspokane.org/</u> 12 E. 5<sup>th</sup> Ave. Spokane, WA 99202 T: (509) 358-4250 or 1-800-831-1209 FAX: (509) 358-4259

<u>Focus</u>: "A network of agencies, institutions, parishes, and individuals who are servants to the poor, supporters of families, and aides to parishes and communities in meeting the social service needs of people in Eastern Washington." There are 14 Spokane area affordable apartments for persons with disabilities and senior citizens.

## **SNAP (Spokane Neighborhood Action Partners)**

Website: <u>https://www.snapwa.org</u>

 SNAP Fort Wright (Corporate Headquarters) 3102 W. Fort George Wright Dr. Spokane, WA 99224 T: (509) 456-SNAP (7627) FAX: (509) 534-5874

<u>Focus</u>: Mission Support, Accounting, Long Term Care Ombudsman Program, Building Performance Training Center, Volunteer Coordinator, Communications & Development

 SNAP East (inside the East Central Community Center) 500 S. Stone St. Spokane, WA 99202 T: (509) 456-SNAP (7627) FAX: (509) 456-7159

<u>Focus</u>: Financial Access, Money Management, Small Business Development, Housing Counseling, Foreclosure Prevention, Re-Start Program, Women's Business Center

## **SNAP** (Spokane Neighborhood Action Partners) (continued)

SNAP Downtown
 212 S. Wall St.
 Spokane, WA 99201
 T: (509) 456-SNAP (7627)
 FAX: (509) 624-1446

<u>Focus</u>: Temporary Housing, Homeless Services, Spokane County Re-Entry Initiative that assists persons exiting correctional and qualified mental health institutions, as well as other specified programs within Spokane County. To be eligible, one must be exiting an institution such as Spokane County jails, prison work releases and other institutions currently defined within the program. You must also meet the definition of homeless and be considered low-income by HUD standards. Call 2-1-1 or 1-866-904-9060 or complete the online application. For online eligibility determination go to <u>www.spokanecountyhprp.com</u>.

Walk-ins are limited to availability of staff. Please attempt to call ahead and schedule an appointment.

 SNAP Northeast (at Northeast Community Center) 4001 N. Cook St. Spokane, WA 99207 T: (509) 456-SNAP (7627) FAX: (509) 462-8028

Focus: Energy Appointments

• SNAP Armory

212 W. Second Ave.
Spokane, WA 99201
T: (509) 456-SNAP (7627)
FAX: (509) 744-3374

<u>Focus</u>: Housing Improvements, Weatherization, Home Repair, Conservation Education, Energy Appointments

#### **SNAP** (Spokane Neighborhood Action Partners) (continued)

• SNAP Valley

10814 E. Broadway Ave. Spokane Valley, WA 99206 T: (509) 456-SNAP (7627) FAX: (509) 926-1912

Focus: Energy Appointments (open seasonally)

#### **Spokane Housing Authority**

Click for Spokane Housing Authority Drug and Violent Crime Policy Website: http://www.spokanehousing.org 55 W. Mission Ave. Spokane, WA 99201 T: (509) 328-2953 Wait List Status Line: (509) 252-7122 FAX: (509) 327-5246

<u>Focus</u>: Serves Spokane, Lincoln, Pend Oreille, Stevens, Ferry, and Whitman Counties. Provides housing assistance to 5,000 low income families through a combination of tenant-based rental assistance, SHA-owned apartment communities, and scatter-site housing. Section 8 housing vouchers and lottery, applicants, public housing.

#### **Spokane Low Income Housing Consortium**

Website: <u>http://www.slihc.org/</u> 907 W. Riverside Ave. Spokane, WA 99201 T: (509) 325-3235 FAX: (509) 325-3295

<u>Focus</u>: A membership association that promotes the long-term availability of affordable housing in Greater Spokane. They offer a free resource to help you find a home that fits your needs and budget at *housingsearchnw.org*.

#### **Spokane Housing Ventures**

Website: https://spokanehousingventures.org/ 2001 N. Division Ave., Ste. 100 Spokane, WA 99207 T: (509) 232-0170 FAX: (509) 484-4617

<u>Focus</u>: This is an organization that creates affordable housing options and maintains current affordable housing at a high standard that keeps residents safe and stable. Has listings for low income housing apartments. Application fee \$33. Housing vouchers welcome.

# DOMESTIC VIOLENCE/SEXUAL ASSAULT/CRIME VICTIM ASSISTANCE

THE NATIONAL DOMESTIC VIOLENCE HOTLINE – 24 Hours/7 Days 1-800-799-7233 or 1-800-787-3224 (TTY)

WASHINGTON STATE DOMESTIC VIOLENCE HOTLINE: (509) 562-6025 – 8 a.m. to 5 p.m. daily

24-Hour Sexual Assault Crisis Line (via Lutheran Community Services NW): (509) 624-7273 or (509) 624-RAPE

24-Hour Crisis Line: 1-888-288-9221 (toll free)

24-Hour Crime Victim Crisis Line (via Lutheran Community Services NW): 1-866-751-7119

Spokane Area Crime Victim Advocate Line: (509) 747-8224

Child Protective Services (CPS): (509) 363-3333 or 1-800-562-5624 (toll free)

#### Lutheran Community Services

Website: <u>http://www.lcsnw.org/spokane/SAFeT.html</u> and <u>http://www.lcsnw.org/</u> 210 W. Sprague Ave. Spokane, WA 99201 T: (509) 747-8224 FAX: (509) 747-0609

<u>Focus</u>: Offering behavioral health services, including mental health counseling and alcohol/drug programs, family and community support, child welfare programs, refugee and immigrant services, senior and disability services, and crime victim assistance and advocacy. They operate the Sexual Assault & Family Trauma (SAFeT) Response Center.

## **Mission Community Outreach Center**

Website: http://www.4mission.org 1906 E. Mission Ave. Spokane, WA 99202-2625 T: (509) 536-1084

<u>Focus</u>: Serving domestic violence families and fire victims with a referral from a partner agency. Clothing bank, limited household items, infant care items, personal hygiene items.

# Morrell Child & Family Counseling

5901 N. Lidgerwood St., Ste. 215 Spokane, WA 99208 T: (509) 590-2585

<u>Focus</u>: Specialize in child therapy, domestic violence counseling, and play therapy.

**Spokane Crime Victim Service Center** (Lutheran Community Services) Website: <u>http://spokanecrimevictimservicecenter.com/resources.php</u> 210 W. Sprague Ave. Spokane, WA 99201 24-Hour Hotline: 888-288-9221

<u>Focus</u>: Ongoing personal support, assistance obtaining services needed for recovery and healing, speaking on behalf of victims if needed, assistance obtaining benefits or meeting basic needs, identifying and prioritizing emergency needs.

## The Salvation Army

Website: <u>http://www.spokane.salvationarmynw.org/</u> 222 E. Indiana Ave. Spokane, WA 99207-2318 T: (509) 325-6810

<u>Focus</u>: This Christian-based organization preaches the gospel of Jesus Christ and attempts to meet human needs without discrimination.

## • Sally's House – The Salvation Army

<u>Focus</u>: An emergency receiving facility for children ages 2 through 12 who have been removed from their home due to abuse, neglect, abandonment, or criminal activity. They are brought by Child Protective Services (CPS) or law enforcement. The facility hosts up to 20 children. A child may remain at the facility for up to 90 days or longer with a court-ordered extension. This provides CPS time to find a suitable foster placement. Children receive clothing, toys, nutritious meals, a regular schedule of activities, and field trips. They also attend preschool there or at their regular school. They receive tutoring, reading assistance, and life skills training.

#### Vanessa Behan Crisis Nursery

Website: <u>http://www.vanessabehan.org</u> 1004 E. 8<sup>th</sup> Ave. Spokane, WA 99202 T: (509) 535-3155

<u>Focus</u>: Provides immediate refuge, safety, and ongoing family support in an environment of unconditional love. Parenting classes.

## WomenSpirit Coalition (WSC)

(A.K.A. Washington State Native American Coalition Against Domestic Violence & Sexual Assault)

Website: <u>http://www.womenspiritcoalition.org</u>

2629 Parkmont Lane SW
Olympia, WA 98502
T: (360) 683-2254 or
National Domestic Violence Hotline: 1-800-799-7233
FAX: (360) 683-2200

<u>Focus</u>: One of 18 nationwide tribal coalitions providing a voice for Native women, their families, and communities suffering from high rates of sexual assault, domestic violence, and sex trafficking. WSC is staffed by Native women and serves 29 tribes in Washington, offering technical assistance, consultation, and training. It provides assistance with program development, proposal review, culturally-based violence prevention/intervention, and models of advocacy by tribe.

#### **YWCA - Alternatives to Domestic Violence Program**

Website: <u>http://ywcaspokane.org/</u> 930 N. Monroe St. Spokane, WA 99201 T: (509) 326-1190 T: (509) 789-9297 (counseling office) **24-hour Domestic Violence Hotline: (509) 326-2255 or (509) 326-CALL** 

<u>Focus</u>: Shelter/housing, legal representation, counseling, and emotional support for survivors of domestic violence and their children. A support team provides safety planning. *Wrap Around Wednesday* is a public clinic which provides access to many services in one setting. Hours are 1 pm to 5 pm but it is suggested you arrive by 12:45 pm as maximum capacity is often reached. Services are free.

# **SEX OFFENDER TREATMENT**

#### **Ed Averett and Associates**

140 S. Arthur, Ste. 510Spokane, WA 99202Main Telephone: (509) 328-9909 (Terry Peterson answers. She handles contracting, billing, and will try to connect us with the other therapists.)Fax: (509) 328-9919

Terry Peterson (therapist) T: (509) 328-9909 Email: <u>tpetersonmsw@msn.com</u>

Priscilla Hannon (therapist) T: Main no. provided above or (509) 879-6244 Email: priscilla.hannon@gmail.com

Bryan Stanfill (therapist) T: Main no. provided above or (509) 326-6996 Email: <u>bryan.stanfill@gmail.com</u>

Focus: Sex offender treatment

# **FOOD AND CLOTHING ASSISTANCE / MEAL SITES**

Visit "The Fig Tree" at <u>http://www.thefigtree.org/connections-resources.html</u> for a current summary of Food Banks, Clothing Banks, and Meal Sites in Spokane and Spokane Valley under the heading **Human Services**.

# LOW INCOME HEALTH CARE OPTIONS

#### **CHAS – Community Health Association of Spokane**

Click for Release of Information Website: https://chas.org

<u>Focus</u>: Community clinics providing quality medical, dental, pharmacy, and behavioral health care to all regardless of insurance status.

#### • Administration Office

203 N. Washington, Ste. 300 Spokane, WA 99201 T: (509) 444-8888 FAX: (509) 444-7806 Toll Free: 1-866-840-2427 Billing: (509) 444-7880 Billing FAX: (509) 444-7810 FAX: (509) 434-0392 (Health Records) (located at Maple St. Clinc)

#### • Cheney Health Center

1720 Second St. Cheney, WA 99004 T: (509) 444-8200 FAX: (509) 235-7742

#### • Denny Murphy Clinic

1001 W. Second Ave. Spokane, WA 99201 T: (509) 444-8200 FAX: (509) 835-1208 Pharmacy: (509) 343-1116

#### CHAS – Community Health Association of Spokane (continued)

#### • Maple Street Clinic

3919 N. Maple St.
Spokane, WA 99205
T: (509) 444-8200
FAX: (509) 444-7807
Pharmacy: (509) 343-1116

#### • Market Street Clinic

5921 N. Market St.
Spokane, WA 99208
T: 509-444-8200
FAX: (509) 482-6286
Pharmacy: (509) 343-1116

#### • North County Clinic

401 S. Main St. Deer Park, WA (509) 444-8200 FAX: (509) 434-0286 Pharmacy: (509) 343-1116 – Closed from 1:00 pm to 2:00 pm

#### • Perry Street Clinic

817 S. Perry, Ste. B
Spokane, WA 99202
T: (509) 444-8200
FAX: (509) 434-0282
Pharmacy: (509) 434-1983

#### • Spokane Urgent Care

5901 N. Lidgerwood, Ste. 126
Spokane, WA 99208
T: (509) 434-1990
FAX: (509) 340-8986

## CHAS – Community Health Association of Spokane (continued)

 Spokane Urgent Care – Valley 1502 Vercler Rd. Spokane Valley, WA 99216 T: (509) 444-8204 FAX: (509) 434-0321

#### • Valley Clinic

15812 E. Indiana Ave. Spokane Valley, WA 99216 T: (509) 444-8200 FAX: (509) 444.8210 Pharmacy: (509) 343-1116

# • CHAS 24/7 Nurse Advice Hotline 866-418-1002

#### **EWU Dental Hygiene Clinic**

Health Sciences Building 310 N. Riverpoint Blvd., Ste. 160 Spokane, WA 99202 T: (509) 828-1300

<u>Focus</u>: examinations, x-rays, scaling and polishing, fluoride and desensitizing treatments, sealants, smoothing and polishing of existing fillings, placement of silver or tooth-colored fillings, whitening trays. The clinic does not do any crows, root canals, extractions, dentures, or emergency treatment.

## HIV/AIDS & STD Program Spokane Regional Health District

1101 W. College Ave., Rm. 372 Spokane, WA 99201 T: (509) 324-1542

<u>Focus</u>: Provides resources and materials, testing, partner notification, needle exchange, case management and health care provider training.

## **NATIVE Health of Spokane – The Native Project**

Website: <u>www.nativeproject.org</u>

1803 W. Maxwell Ave.

Spokane, WA 99201

Telephone: (509) 483-7535 (Clinic Appointments)

(509) 325-5502 (Counseling Appointments)

- FAX: (509) 487-7155 (Medical)
  - (509) 325-9839 (Behavioral Health)

<u>Focus</u>: Behavioral Health Services; Children and Youth Services; Dental Clinic; Medical Clinic (including Pharmacy) – all people in the community are served.

# **AREA HOSPITALS**

## **Deaconess Hospital – Rockwood Health System**

Click for Release of Information Form 800 W. 5<sup>th</sup> Ave. Spokane, WA 99204 T: (509) 458-5800 T: (509) 473-2355 (Health Information Management Department) FAX: (509) 473-7522 (Medical Records)

#### **Providence Holy Family Hospital**

<u>Click for Release of Information Form</u> Website: <u>http://washington.providence.org/hospitals/holy-family-hospital/</u> 5633 N. Lidgerwood St. Spokane, WA 99208 T: (509) 482-0111 FAX: (509) 482-2187 (Medical Records)

# Providence Sacred Heart Medical Center and Children's Hospital

<u>Click for Release of Information Form</u> Website: <u>http://washington.providence.org/hospitals/sacred-heart-childrens-hospital/</u> 101 W. 8th Ave. Spokane, WA 99201 T: (509) 474-3072 (status or questions about requested medical records) FAX: (509) 474-4815 (Correspondence Department)

#### Valley Hospital – Rockwood Health System <u>Click for Release of Information Form</u> Website: <u>http://www.spokanevalleyhospital.com/valley-hospital/contactus.aspx</u> 12606 E. Mission Ave. Spokane Valley, WA 99216 T: (509) 924-6650 T: (509) 473-5431 (Health Information Department) FAX: (509) 473-5741 (Health Information Department)

# **DISABILITY SERVICES**

## Arc of Spokane

Website: <u>http://www.arc-spokane.org</u>
320 E. 2<sup>nd</sup> Ave.
Spokane, WA 99202-1402
T: Donation Center (509) 328-8100
T: Thrift Store (509) 822-7748
T: Administrative Offices (509) 328-6326
FAX: (509) 328-6342

<u>Focus</u>: Provides programs and services for people with developmental disabilities and their families.

## **Arc Valley Community Center**

10814 E. Broadway Ave. Spokane Valley, WA 99206 T: (509) 325-5451

<u>Focus</u>: Serves adults and seniors with disabilities offering daily classes in education, recreation and social activities. Nominal fee.

## **Brain Injury Association of Washington**

Website: <u>http://www.biawa.org</u> T: 1-877-982-4292

<u>Focus</u>: Increase public awareness, support, and hope for those affected by brain injury.

## East Central Community Center's Developmentally Disabled Activities Program

500 S. Stone St. Spokane, WA 99202 T: (509) 625-6693

Focus: Recreation, classes, excursions and other social integration services.

## **Epilepsy Foundation**

Website: <u>https://www.epilepsynw.org/</u> 315 W. Mission Ave., Ste. 21 Spokane, WA 99201 T: (509) 325-1128

Focus: Advocacy, support, information, referrals and support for epilepsy.

#### **Hearing Loss Center**

(formerly Eastern Washington Center for the Deaf and Hard of Hearing) Website: http://www.ewcdhh.org 1206 N. Howard St. Spokane, WA 99201 T: (509) 328-9220 or 1-800-214-3323 (toll free) FAX: (509) 327-4622 Interpreter Services: (509) 328-3728 V/TTY

Focus: Help with access to services for the deaf and hard of hearing.

#### Lilac Services for the Blind

Website: http://lilacblind.org/ 1212 N. Howard St. Spokane, WA 99201 T: (509) 328-9116

<u>Focus</u>: Mobility, communication skills, aids and appliances, reader services, home teaching, low vision services, training, and other services for the blind.

#### **Muscular Dystrophy Association**

Website: <u>https://www.mda.org/office/spokane</u> 101 W. Indiana Ave. Spokane, WA 99205 T: (509) 325-3747

#### National Multiple Sclerosis Society

Website: <u>http://www.nationalmssociety.org/Chapters/WAS</u>
25 W. Nora Ave., Ste. 100
Spokane, WA 99205
T: (509) 482-2022 or 1-800-344-4867 (toll free)

#### St. Luke's Rehabilitation Institute

Website: <u>https://www.st-lukes.org/</u>711 S. Cowley St. Spokane, WA 99202-1330 T: (509) 473-6000 FAX: (509) 473-6097

<u>Focus</u>: Comprehensive inpatient/outpatient therapy and rehabilitative treatment for stroke, spinal cord injuries, orthopedic and brain injuries. Serves patient in Central/Eastern Washington, Northern Idaho, and Western Montana.

## **Skils-Kin Employment Services**

Website: <u>http://www.skils-kin.org</u> 4004 E. Boone Ave. Spokane, WA 99202 T: (509) 326-6760 FAX: (509) 323-8987

<u>Focus</u>: Community-based non-profit agency providing services to disabled adults to help them become more self-reliant and economically self-sufficient. Employment through the AbilityOne program, commercial contracts or other employment and living support.

#### Spokane Center for Independent Living (SCIL)

Website: http://scilwa.org/ 8817 E. Mission Ave., #106 Spokane Valley, WA 99212 T: (509) 326-6355 FAX: (509) 327-2420

<u>Focus</u>: The five core services are 1) Advocacy 2) Independent Living Skills Training 3) Information and Referral 4) Peer Counseling Support 5) Transition. They provide information, referral, and some assistance with assistive technology, community education workshops, housing assistance, personal assistant services, service animals, transportation assistance, and transportation assistance.

#### **Spokane County Developmental Disabilities Division Spokane County Community Services, Housing, and Community Development Department**

Website: <u>http://www.spokanecounty.org/CommunitySvcs/DDP/content.aspx?c=2114</u> 312 W. 8<sup>th</sup> Ave. Spokane, WA 99204 T: (509) 477-5722 FAX: (509) 477-6827

<u>Focus</u>: Works in partnership with DSHS Region 1, Developmental Disabilities Administration, by subcontracting with local agencies to provide services to people with developmental disabilities and their families, including child development services for children birth to age 3; School-to-Work program services in their last eligible year of high school; services to assist adults find and maintain employment, participate, and contribute in the community; and community education and information services to increase public awareness and inclusion of people with developmental disabilities.

#### Washington State Department of Services for the Blind (DSB)

Website: http://www.dsb.wa.gov/ Sherwood Building 510 W. Riverside Ave., Ste. 209 Spokane, WA 99201 T: (509) 456-4458 FAX: (509) 625-5239

<u>Focus</u>: Helps with mobility services, Braille instruction, independent living skills, and computer technology services.

#### Washington State Department of Social and Health Services Developmental Disabilities Administration

Website: <u>https://www.dshs.wa.gov/dda</u> 1611 W. Indiana Ave. Spokane, WA 99205 T: (509) 329-2900 FAX: (509) 568-3037

<u>Focus</u>: Support and services for mental disabilities, cerebral palsy, epilepsy, autism and other neurological conditions 18+.

#### Washington State Department of Social and Health Services Division of Vocational Rehabilitation

Website: <u>https://www.dshs.wa.gov/ra/division-vocational-rehabilitation</u> 1313 N. Atlantic St. Spokane, WA 99201 T: (509) 363-4700

<u>Focus</u>: Assists people with disabilities to prepare for, obtain, and retain employment.

## **ADULT EDUCATION AND TRAINING**

#### **Career Path Services**

Website: <u>http://www.careerpathservices.org</u> Peyton Building 10 N. Post St., Ste. 200 Spokane, WA 99201 T: (509) 326-7520

<u>Focus</u>: Workforce development, employment, training, and basic education to economically disadvantaged adults, dislocated workers, and youth. Also services for people with disabilities and developmental disabilities including DVR and individual supported employment services.

#### **GED** Classes in Spokane

Website: http://mycareertools.com/spokane-wa/

 American Indian Center 801 E. Second Ave., Ste. 10 Spokane, WA 99202 T: (509) 535-0886

 American Indian Community Center 610 E. N. Foothills Dr. Spokane, WA 99207 T: (509) 535-0886 FAX: (509)534-7210

- Crosswalk Teen Shelter 525 W. Second Ave. Spokane, WA 99201 T: (509) 838-6596
- Next Generation Zone (Spokane Area Workforce Development Council) 901 W. Second Ave., Ste. 100 Spokane, WA 99202 T: (509) 340-7800

<u>Focus</u>: Assists ages 16 to 24 to earn a GED. The Next General Zone is a staging area for several other organizations, including Job Corps, Open Doors, and YouthBuild. Approximately 40% of the GED diplomas earned in Spokane County are gained through Next Generation Zone. Programs are free to participants and qualification is financially-based.

Goodwill Industries of the Inland Northwest

 (Northwest Career and Resource Center/WorkSource Affiliate Site)
 130 E. Third Ave.
 Spokane, WA 99202
 T: (509) 462-0513
 WorkSource – CareerOneStop (509) 838-4246

- Institute for Extended Learning (GED TESTING CENTER) 2917 W. Fort George Wright Dr. Spokane, WA 99224 T: (509) 533-4600
- **Regal Elementary** (affiliated with Spokane Community College) 2702 E. Rich Ave. Spokane, WA 99207 T: (509) 533-4600

#### • Spokane Community College Adult Education Center 2310 N. Monroe St. Spokane, WA 99205

T: (509) 533-4600

#### • Spokane Community College

Adult Education and Transitional Studies 1818 N. Green St. Spokane, WA 99217 T: (509) 533-4670

#### • Spokane Residential Reentry Center

3614 E. Ferry Ave. Spokane, WA 99202 T: (509) 535-3572

#### • Spokane Valley High School GED

2011 N. Hutchinson Spokane, WA 99217 T: (509) 340-7136 **H.O.M.E**. (Helping Ourselves Means Education):

Website: <u>https://www.ewu.edu/css/programs/womens-and-gender-studies/home</u>
Eastern Washington University
207 Monroe Hall
Cheney, WA 99004
T: (509) 359-2847 (Women's and Gender Studies Program Coordinator)

<u>Focus</u>: The Women's Studies Center is affiliated with the H.O.M.E. Program, which connects non-traditional student parents with the campus and community resources in order to facilitate their education. They do fundraising to help students with daycare expenses, provide scholarships, and have other support programs.

## Head Start/Early Head Start/ECEAP (Early Childhood Education and Assistance Program)

Website: <u>https://del.wa.gov/parents-family/eceap-and-head-start</u> T: 1-866-482-4325

<u>Focus</u>: Child care for low income families. Free services and support for children from low income families or those with developmental or environmental risk factors that could interfere with school success. It readies children and families for kindergarten.

#### Job Corps

Click for Eligibility Requirements Website: <u>http://www.jobcorps.org</u> 901 E. Second Ave., Ste. 100 Spokane, Washington 99202 T: (509) 340-7813

<u>Focus</u>: Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible youth at least age 16 that qualify as low income.

## **AREA COLLEGES AND UNIVERSITIES**

#### **Carrington College -- Spokane**

Website: <u>http://carrington.edu/schools/spokane-washington/</u>10102 E. Knox Ave., Ste. 200 Spokane Valley, WA 99206 T: (509) 378-3628

#### **Eastern Washington University**

Website: <u>http://www.ewu.edu</u> 526 5<sup>th</sup> St. Cheney, WA 99004 T: (509) 359-6200

#### **Gonzaga University**

Website: <u>http://www.gonzaga.edu</u> 502 E. Boone Ave. Spokane, WA 99258-0102 T: (800) 986-9585

#### **Spokane Community College**

Website: http://www.scc.spokane.edu/ 1810 N. Greene St. Spokane, WA 99217 T: (509) 533-7000

#### **Spokane Falls Community College**

Website: http://www.spokanefalls.edu/ 3410 W. Fort George Wright Dr. Spokane, WA 99224 T: (509) 533-3500

#### Washington State University

Website: <u>https://wsu.edu/</u>

#### Whitworth University

Website: <u>http://www.whitworth.edu/cms/</u> 300 W. Hawthorne Rd. Spokane, WA 99251 T: (509) 777-1000

## **EMPLOYMENT ASSISTANCE**

#### **American Indian Employment and Training Services**

Website: <u>http://www.aiccinc.org/</u> American Indian Community Center 610 E. N. Foothills Dr. Spokane, WA 99207 T: (509) 535-0886

Focus: FREE employment and training services to disadvantaged American Indians.

#### **Goodwill Industries of the Inland Northwest**

Website: http://www.discovergoodwill.org/ 130 E. Third Ave. Spokane, WA 99202 T: (509) 344-0163

<u>Focus</u>: Training and providing quality services for people and businesses in the community.

Goodwill also manages the HEN (Housing and Essential Needs Program) which can be reached at (509) 462-0518. Referrals are made through DSHS from their offices at 8517 E. Trent Ave., #101, Spokane, WA 99212 T: (509) 227-2770 or 1313 N. Maple St., Spokane, WA 99201 T: 1-888-328-9271. To qualify for the program, individuals must have no dependents, a documented disability, be homeless or on the brink of homelessness, and have no source of income or one that falls below the standard.

DSHS manages the ABD Program (Aged/Blind/Disabled) where an individual is unable to work for a year or more. Individuals who cannot work for less than a year are referred to HEN. They receive rent, utilities, and essential needs such as bus passes, toiletries, cleaning supplies, etc., for up to a year.

#### **Northwest Center**

1101 N. Fancher Rd.Spokane Valley, WA 99212T: (509) 928-1588

Focus: Provides employment options to persons with disabilities.

### **PACE Services (People Accessing Careers and Education)**

The Lodge 3305 W. Fort George Wright Dr. Spokane, WA 99224 T: (509) 279-6033 FAX: (509) 279-6216

<u>Focus</u>: Provides education, resource coordination and vocational support for people with learning disabilities, development disabilities, and mental health disabilities to help them break barriers to employment.

#### **SFCC Career Center**

Website: <u>http://www.spokanefalls.edu</u> 3410 W. Fort George Wright Dr. Building 17, Room 105 Spokane, WA 99224 T: (509) 533-3521

<u>Focus</u>: Supports and helps develop student's abilities to create personal satisfaction and fulfillment in their career paths.

#### **Skils-kin Employment Services**

Website: <u>http://www.skils-kin.org</u> 4004 E. Boone Ave. Spokane, WA 99202 T: (509) 326-6760 FAX: (509) 323-8987

<u>Focus</u>: Fees vary. Offers financial assistance/payee services, residential services, and structured competitive employment for developmentally delayed individuals.

#### **SL Start Employment Services**

Website: <u>http://www.slstart.com</u> 5709 W. Sunset Hwy., Ste. 100 Spokane, WA 99224 T: (509) 328-2740

<u>Focus</u>: Services for children and adults with developmental disabilities. Employment programs for Washington and Idaho.

#### **Spokane County Human Resources – Employment**

Website: <u>http://www.spokanecounty.org/1021/Current-Openings</u>

#### **State of Washington Department of Social and Health Services Division of Vocation Rehabilitation (DVR)**

Click for Release of Information Form Website: https://www.dshs.wa.gov/ra/division-vocational-rehabilitation 1313 N. Atlantic, Ste. 1000 Spokane, WA 99201 T: (509) 363-4700 FAX: (509) 363-4730

<u>Focus</u>: DVR serves individuals with disabilities who want to work but face one or more substantial barriers to finding or keeping a job. Individualized employment services and counseling is provided. They also provide technical assistance and training to employers of individuals with disabilities.

#### Spokane Area Workforce Development Council – Workforce Innovation and Opportunity Act (Titles 1-3)

Website: http://www.wdcspokane.com 2000 N. Greene Street, MS 2158 Building 50 – Max Snyder Spokane, WA 99217 T: (509) 533-8480

<u>Focus</u>: Workforce development planning, education, and training efforts in the community.

#### **Workforce Transitions**

1810 N. Greene St., Bldg. 6Spokane, WA 99217T: (509) 533-7249

<u>Focus</u>: Worker retraining, resume building, scholarship assistance, veterans' 1-stop coordinator, WorkFirst (for those on TANF) and BFET (for those on food benefits) with tuition assistance.

#### WorkSource Spokane

Website: <u>http://www.workspokane.org</u> 130 S. Arthur Spokane, WA 99202 T: (509) 532-3000

Focus: Offers classes in resume help, computers and job training courses.

## LOCAL LAW ENFORCEMENT – COURTS – PROSECUTING ATTORNEYS – PUBLIC DEFENDERS – PROBATION OFFICES – AREA JAILS AND PRISONS

#### **LAW ENFORCEMENT**

**Bureau of Alcohol, Tobacco, Firearms, and Explosives** T: (509) 324-7866

**Drug Enforcement Administration (DEA)** T: (509) 353-2964

#### **Federal Bureau of Investigation** T: (509) 458-8100

#### **Department of Homeland Security – Immigration and Customs Enforcement (ICE)**

411 W. Cataldo Ave. Spokane, WA 99201 T: (509) 329-5017

## U.S. Customs and Border Protection – U.S. Border Patrol Spekene Sector Headquarters

Spokane Sector Headquarters 10710 N. Newport Hwy. Spokane, WA 99218 T: (509) 353-2747

#### **U.S. Marshals Service**

920 W. Riverside Ave., Ste.Spokane, WA 99201T: (509) 368-3600

**U.S. Secret Service** T: (509) 353-2532

#### **Crime Check** (a Spokane County 911 service for non-emergency calls)

1620 N. Rebecca Spokane, WA 99260 T: (509) 456-2233

#### **Crime Stoppers of the Inland Northwest**

Website: http://www.crimestoppersinlandnorthwest.org/about.aspx 12710 E. Sprague Ave. Spokane Valley, WA 99216 T: (509) 327-5111 or 1-800-222-TIPS (8477)

#### Spokane County Sheriff's Office

1100 W. Mallon Ave.
Spokane, WA 99260
T: (509) 477-2240 (Front Desk)
T: (509) 477-4748
FAX: (509) 477-5641

#### **Spokane Police Department**

1100 W. Mallon Ave.
Spokane, WA 99260
T: (509) 625-4000 (Front Desk)
T: (509) 625-4050
FAX: (509) 625-4066

#### **Spokane Valley Police Department**

12710 E. Sprague Spokane Valley, WA 99216 T: (509) 477-3300 FAX: (509) 477-3359

#### **Washington State Patrol**

12906 N. Addison Street Spokane Valley, WA T: (509) 482-3637

#### **COURTS**

#### **U.S. District Court**

Website: <u>http://www.waed.uscourts.gov/court-info</u>
920 W. Riverside Ave., Ste. 840
Spokane, WA 99201
T: (509) 458-3400
FAX: (509) 458-3420 (no filings)
Jury Office/Jury Reporting Instructions: 1-866-249-5932
CM/ECF Help Desk: (866) 236-5100

#### **U.S. Bankruptcy Court**

Website: http://www.waeb.uscourts.gov/ 904 W. Riverside, Ste. 304 Spokane, WA 99201 T: (509) 458-5300

• U.S. Trustee T: (509) 353-2999

#### **Spokane County Superior Court**

Website: <u>http://www.spokanecounty.org</u> 1116 W. Broadway Ave. Spokane, WA 99260-0350 T: (509) 477-2211 FAX: (509) 477-3916

#### **Spokane County Juvenile Court**

1208 W. Mallon Ave. Spokane, WA 99201-2091 T: (509) 477-2510 FAX: (509) 477-3915

#### **Spokane County District Court**

Website: <u>http://www.spokanecounty.org</u> 1100 W. Mallon Ave. Spokane, WA 99260-2043 T: (509) 477-4770 FAX: (509) 477-6445

#### Spokane County District Court, Spokane Valley Branch

12710 E. Sprague Ave. Spokane, WA 99216-0728 T: (509) 477-3390 FAX: (509) 477-3397

#### **Spokane Municipal Court**

Website: <u>http://www.spokanecounty.org</u> Spokane, WA 99260-0150 T: (509) 625-4400 FAX: (509) 625-4442

#### **PROSECUTING ATTORNEYS**

#### **U.S. Attorney's Office**

900 W. Riverside Ave., Rm. 300Spokane, WA 99201T: (509) 353-2767

#### **Spokane County Prosecuting Attorney's Office**

1115 W. Broadway Ave.Spokane, WA 99201T: (509) 477-3662

#### **Spokane City Prosecutor's Office**

909 W. Mallon Ave. Spokane, WA 99201 T: (509) 835-5988

#### **PUBLIC DEFENDERS**

#### Federal Defenders of Eastern Washington and Idaho (Spokane)

Website: <u>http://www.fdewi.org</u> 10 N. Post St., Ste. 700 Spokane, WA 99201 T: (509) 624-7606

#### Federal Defenders of Eastern Washington and Idaho (Yakima)

Website: <u>http://www.fdewi.org</u> 306 E. Chestnut St. Yakima, WA 98901 T: (509) 248-8920

#### **Spokane County Public Defender**

Website: <u>http://www.spokanecounty.org</u> 1033 W. Gardner Ave. Spokane, WA 99201 T: (509) 477-4246

#### **Spokane City Public Defender**

Website: <u>http://www.spokanecity.org</u> 824 N. Monroe St. Spokane, WA 99201 T: (509) 835-5955

#### **PROBATION OFFICES**

#### **U.S. Probation Office**

920 W. Riverside Ave., Rm. 540
Spokane, WA 99201
T: (509) 742-6321
FAX: (509) 742-6339

#### **Spokane County District Court Probation Office**

Website: https://www.spokanecounty.org/2749/District-Court-Probation Public Safety Building, Flr. 2 1100 W. Mallon Ave. Spokane, WA 99260 T: (509) 477-4751

#### **Spokane Municipal Probation Department**

Website: <u>https://my.spokanecity.org/courts/probation/contacts/</u>1100 W. Mallon Ave. Spokane, WA 99260 T: (509) 622-5800

#### AREA JAILS AND PRISONS

Airway Heights Corrections Center

Website: <u>http://doc.wa.gov/corrections/incarceration/prisons/ahcc.htm</u> 11919 W. Sprague Ave. Airway Heights, WA 99201 T: (509) 244-6700

#### **Benton County Jail**

Website: <u>http://www.co.benton.wa.us/pView.aspx?id=709&catid=45</u> 7122 W. Okanogan Pl., Bldg. B Kennewick, WA 99336 T: (509) 783-1451

#### **Bonner County Jail**

Website: http://www.bonnerso.org/detention-center.php 4001 N. Boyer Rd. Sandpoint, ID 83864 T: (208) 263-8417 (press 5) Jail FAX: (208) 255-1975 Email: bonnersheriff@bonnerso.org

#### **Geiger Corrections Center**

Website: <u>https://www.spokanecounty.org/432/Geiger-Visiting</u> 3507 S. Spotted Rd. Spokane, WA 99260 T: (509) 477-3259

#### **Spokane County Jail**

Website: <u>http://www.spokanecounty.org/351/Detention-Services</u> 1100 W. Mallon Ave. Spokane, WA 99260 T: (509) 477-2278 (509) 477-2314 Jail Reception: (509) 477-6639

#### Sunnyside Law & Justice Center

401 Homer Sunnyside, WA 98944 T: (509) 837-2120 FAX: (509) 836-6207

#### Washington Corrections Center

2321 W. Dayton Airport Rd. Shelton, WA 98584 T: (360) 426-4433

## **LEGAL ASSISTANCE**

#### **Center for Justice**

Driver's Relicensing Program 35 W. Main Ave., #300 Spokane, WA 99201 T: (509) 835-5211

#### **City of Spokane Relicensing Program**

909 W. Mallon Ave., Second FloorSpokane, WA 99201T: (509) 835-5936

#### Housing Justice Project – Volunteer Lawyer Program Spokane County Bar Association

Website: <u>http://www.disabilityrightswa.org/housing-justice-project-spokane-county-bar-association-volunteer-lawyers-program</u>

1704 W. Broadway Ave. Spokane WA 99201 T: (509) 324-0144

<u>Focus</u>: Legal assistance program for free legal advice. Legal representation for low income people in civil matters.

#### **University Legal Assistance**

721 N. Cincinnati St. Spokane, WA 99202 T: (509) 313-5791

Focus: Pro bono work, tribal law, last will and testament

## **TRANSPORTATION SERVICES – SPOKANE COUNTY**

#### **AMTRAK/GREYHOUND BUS**

#### **Spokane Intermodal Center**

Amtrak Train Station
 Website:
 <u>https://www.amtrak.com/servlet/ContentServer?pagename=am/am2Station/Station\_Page&code=SPK</u>
 T: (800) 872-7245

#### • Greyhound Lines

Website: https://www.greyhound.com/ 221 W. 1<sup>st</sup> Ave. Spokane, WA 99201 T: (509) 455-5251

#### **CAR RENTAL AGENCIES**

#### **Dollar Rent-A-Car**

- Spokane International Airport 9000 W. Airport Dr. Spokane, WA 99219 T: (509) 747-2191
- 8014 E. Sprague Ave.
   Spokane Valley, WA 99212
   T: (509) 892-2103

#### **Enterprise Rent-A-Car**

- 3 W. Third Ave.
   Spokane, WA 99201
   T: (509) 458-3340
- 2727 N. Division St. Spokane, WA 99207 T: (509) 328-0173

- 1426 E. Francis Ave. Spokane, WA 99207 T: (509) 489-6115
- 7202 E. Sprague Ave.
  Spokane Valley, WA 99212
  T: (509) 926-4321

#### **National Car Rental**

 Spokane International Airport 9000 W. Airport Dr. Spokane, WA 99219 T: (888) 445-5664

#### **Thrifty Car Rental**

Website: <u>http://www.thrifty.com</u>

- 6418 N. Wall St.
   Spokane, WA 99208
   T: (509) 482-7716
- 8022 E. Sprague Ave.
   Spokane Valley, WA 99212
   T: (509) 924-9111
- Spokane International Airport 9000 Airport Dr.
   Spokane, WA 99224
   T: (509) 838-8223

## PUBLIC TRANSPORTATION SYSTEM (BUS)

#### ParaTransit

T: (509) 328-1552

<u>Focus</u>: A shared-ride, wheelchair-accessible transportation service for ADA eligible individual who are unable to use Spokane Transit Authority (STA) accessible, life-equipped buses. All services are prescheduled, same-day trip requests are made on a space available basis. The reservation desk is open from 8 am to 5 pm.

#### **Spokane Transit Authority**

Website: <u>http://www.spokanetransit.com</u> 701 W. Riverside Ave. Spokane, WA 99201 T: (509) 328-RIDE (7433) TTY: (509) 456-4327

## TAXI CABS

#### **City Cab**

Website: <u>http://www.spokanecitycab.com/</u> 3330 East Euclid Avenue Spokane, Washington 99217 T: (509) 455-3333

## DAJ Taxi Cab

1817 E. Springfield Ave.Spokane, WA 99202T: (509) 228-7009Text: (509) 294-5606

## **VETERAN ASSISTANCE**

#### **VETERAN FRATERNITIES AND SUPPORT RESOURCES:**

**Gulf War Veteran Resource Page** Website: <u>http://www.gulfweb.org</u>

Iraq and Afghanistan Veterans of America Website: <u>http://www.iava.org</u>

## Military Order of the Purple Heart

Website: http://www.purpleheart.org/

#### National Association for Black Veterans, Inc. (NABVETS)

Website: <u>http://nabvets.org/</u> T: 1-877-NABVETS

#### **Paralyzed Veterans of America**

Website: <u>http://www.pva.org</u>

#### The American Legion National Headquarters

Website: <u>http://www.legion.org</u> 700 N. Pennsylvania St. P.O. Box 1055 Indianapolis, IN 46206 T: (317) 630-1200 Customer Service: (800) 433-3318 FAX: (317) 630-1223

#### **Veterans for Peace**

Website: http://www.veteransforpeace.org

#### **Veterans of Foreign Wars (VFW)**

Website: <u>http://www.vfw.org</u> National Headquarters: 406 W. 34<sup>th</sup> St. Kansas City, MO 64111 T: (816) 756-3390

#### Vietnam Veterans of America

Website: <u>http://www.vva.org</u> 8719 Colesville Rd., Ste. 100 Silver Spring, MD 20910 T: (301) 585-4000

#### **VETERAN SERVICES:**

VETERAN CRISIS HOTLINE: (800) 273-8255 – Press 1

Website: <u>https://www.veteranscrisisline.net/</u>

<u>Focus</u>: This is a confidential, toll-free hotline, online chat, or text (send a text message to 838255) to access confidential support 24 hours a day, 7 days a week, 365 days a year.

#### **Spokane Community College – Veterans One Stop and VetCorps**

Website: http://www.scc.spokane.edu/Admissions/Veterans/Home.aspx 1810 N. Greene St. Spokane, WA 99217 T: (509) 533-7027 and (509) 533-7274

<u>Focus</u>: Veteran lounge, study area, computer access, CAC readers, education benefits and resources. Adjustment counseling available on the second and fourth Wednesdays from 9 am to 3 pm.

## Eagle's Rest House and Rest & Recoup House – Volunteers of America

Website: <u>http://www.voaspokane.org/veterans-housing</u> 525 W. Second Ave., Lower Level Spokane, WA 99201 T: (509) 328-4685 FAX: (509) 328-5080

Focus: Transitional housing and numerous resources for veterans.

#### **Spokane County Veterans Services**

Website: <u>https://www.spokanecounty.org/Veteran/content.aspx?c=1833</u> 1101 W. College Ave. Spokane Regional Health District, Ste. 401 Spokane, WA T: (509) 477-3690 FAX: (509) 477-2299

Focus: Assesses and addresses veteran's needs.

#### **Spokane Falls Community College, Veterans Office**

3410 W. Fort George Wright Dr.Spokane, WA 99224T: (509) 533-3504

<u>Focus</u>: Assistance with veteran's benefits, enrollment, work study, and work opportunities.

#### Spokane VA Medical Center/U.S. Department of Veteran Affairs

Website: <u>http://www.spokane.va.gov/</u> 4815 N. Assembly St. Spokane, WA 99205 T: (509) 434-7000 / 1-800-325-7940 FAX: (509) 434-7141

Focus: Hospital services for disabled and eligible vets.

#### **Spokane Veterans Home**

Website: <u>http://www.dva.wa.gov/veteran-homes/spokane-veterans-home</u> 222 E. 5<sup>th</sup> Ave. Spokane, WA 99202 T: (509) 344-5770

<u>Focus</u>: A 24-hour long-term nursing care for veterans in Eastern Washington. Also offer physical therapy, occupational therapy, recreational activities, social services, hospice, nutritious meals, community involvement, religious program, transportation, laundry, beauty and barber shops, and patriotic interment services.

#### **Tribal Veterans Assistance Resources**

- The Confederated Tribes of the Colville Reservation, Veterans Resource Program Nespelem, WA 99155
   T: (509) 634-2752, 2756
- Nez Perce Tribe, Veterans Office Lapwai, ID 83540 T: (208) 843-2463

Focus: Aiding veterans with benefits, family and individual help.

#### **U.S. Department of Veterans Affairs**

705 W. 2<sup>nd</sup> Ave. Spokane, WA 99201 T: (509) 462-2500

<u>Focus</u>: Assists homeless veterans with benefits, education, health care, rehabilitation and residential care.

**U.S. Department of Veterans Affairs – Veterans Outreach Center** Website: <u>www.Vetcenter.va.gov</u> 13109 E. Mirabeau Pkwy. Spokane Valley, WA 99216

T: (509) 444-8387

#### **Veterans Counseling Program**

Website: <u>http://www.dva.wa.gov</u> T: (360) 725-2220 or 800-562-2308

#### **Veterans Outreach Center**

100 N. Mullan Rd., Ste. 102 Spokane Valley, WA 99206 T: (509) 444-8387

Focus: Counseling services for veterans and the families of active duty servicemen.

## **STATE AND FEDERAL AGENCY WEBSITES**

Substance Abuse and Mental Health Services Administration (SAMHSA)

Website: http://www.nrchmi.samhsa.gov

**United States Department of Housing and Urban Development** Website: <u>http://www.hud.gov</u>

**United States Department of Veterans Affairs** Website: <u>http://www.va.gov</u>

Washington State Department of Community Trade and Economic Development, Housing Division

Website: <u>http://www.cted.wa.gov</u>

Washington State Department of Corrections Website: <u>http://www.doc.wa.gov</u>

Washington State Department of Health Website: <u>http://www.doh.wa.gov</u>

**Washington State Department of Social and Health Services** Website: <u>http://www1.dshs.wa.gov</u>

Washington State Department of Veterans Affairs Website: <u>http://www.dva.wa.gov</u>

Washington State Employment Security Department Website: https://esd.wa.gov/

Washington State Housing Finance Commission Website: <u>http://www.wshfc.org</u>

**Washington State Office of the Superintendent of Public Instruction, Education of Homeless Children and Youth** Website: <u>http://www.k12.wa.us/HomelessEd/</u>

# **SPOKANE COUNTY JAIL GENERAL INMATE INFORMATION**

The Spokane County Jail is located at 1100 West Mallon Avenue in Spokane, Washington. The main telephone number is (509) 477-2278. Lobby hours are 7 a.m. to 9 p.m. with a closure between 5 p.m. and 7 p.m.

#### PICKING UP INMATE PROPERTY

Before and inmate can release his/her person property, he/she must get approval through the inmate request system. Once approval has been granted, inmate property can be picked up at the cashier window located in the lobby of the Spokane County Jail. The cashier window is closed from 12:00 to 1:10 p.m. daily and from 5:00 pm to 7:00 pm daily.

In order to pick up property, you must be the person specified by the inmate and you must have photo identification. Once you get to the jail to pick up property, you will need to wait for staff to retrieve the property. If you do not have the time to wait, please come back at a time that is more convenient for you.

If you have been released and need to pick up your property, proceed to Building 17. For property at the Geiger Corrections Center, you may pick it up at the A Building if prior arrangements have been made.

#### IMPOUNDED VEHICLES

If an inmate's vehicle has been impounded, you need to call the arresting agency. The Spokane County Jail does not have any information about impounded vehicles.

- ➢ For a city arrest, call the city desk at (509) 625-4100
- ➢ For a county arrest, call the county desk at (509) 477-2240
- ➢ For a Washington State Patrol arrest, call their office at (509) 456-4101
- On weekends call, Spokane County & Spokane Valley City at (509) 477-6929 and (509) 477-5980

If property has been seized as evidence, contact the City Property Facility at 1307 W. Gardner, 509.625.4130.

#### LEAVING PROPERTY FOR AN INMATE

Spokane County Jail will accept the following property for inmates:

- One set of clothing for court, including dress shoes, for superior court only if there is a jury trial or if the inmate is going to be a witness, and for federal court appearances. Court clothes must be approved by the Sergeant's Office.
- Prescription eye glasses
- > Any medical item ordered by the jail physician
- Medical coupons
- Outside prescription medications are accepted, but <u>only</u> for verification purposes (physician name, type of medication, dosage, etc.)
- ➤ Money\*

All other items must be pre-approved by a shift sergeant.

Property for an inmate needs to be left at the reception counter during visiting hours and at the cashier window during non-visiting hours. NOTE: Property is NOT accepted during the hours the cashier window is closed.

\*If you are leaving money for an inmate, bring the exact amount because the jail does not make change. You may mail an inmate money in the form of a U.S. Postal or Western Union money order, U.S. Treasury check, or from tribal institutions or other correctional facilities provided they are made payable to the inmate. The full name and address of the purchaser must appear on any cashier's check (under \$500) or money order, as well as on the envelope's return address. Funds for inmates at the Spokane County Jail or Geiger are mailed to:

Inmate First and Last Name ATTN: Inmate Accounting 1100 West Mallon Avenue Spokane, WA 99260

ConnectNetwork<sup>®</sup> is an authorized deposit and account management portal for the corrections industry. There is a kiosk in the jail lobby at which credit and debit cards as well as cash are accepted. The kiosk is available in the lobby 24 hours a day, 7 days a week. The Geiger kiosk is available during any Geiger visiting session.

You can also call 1-800-483-8314 to add funds to an inmate's commissary or trust account. This system is available 24 hours per day. The system requires the inmate's

identification or inmate name, as well as facility information. You must have the inmate's identification or name as well as the facility and/or site identification. Questions or problems can be addressed with GTL Customer Service at (877) 650-4249.

#### COMMISSARY RULES

Inmates can purchase food or personal items from the jail commissary. Each inmate receiver's commissary once a week. Inmates housed in the east side of the facility receive commissary on Wednesdays and inmates housed in the West side of the facility or the annex receive commissary on Thursdays. Geiger Corrections Center receives commissary on Tuesday. Money must be on the inmate's account by the time the inmate submits his commissary order.

#### **TELEPHONE CALLS**

The Spokane County Jail does not accept incoming phone calls for inmates unless an **EXTREME** emergency exists. If you feel you have an extreme emergency situation, you need to call back and ask for the on-duty shift sergeant.

Inmates are allowed to make outgoing collect phone calls to persons of their choice. If you accept a collect call from an inmate from the Spokane County Jail, you will be charged by the minute. Spokane County Jail does not take messages for inmates.

There are AdvancePay<sup>®</sup> prepaid telephone accounts and it is suggested you create one so that when your inmate calls the funds can be deducted from the balance on your prepaid account. The Facility Site Identification number is 98. There is a kiosk in the lobby of the jail that allows an individual to create a prepaid telephone account when the first deposit is made. Transaction fees may apply to all deposits. The kiosk is available 24 hours per day.

#### POSTING BAIL OR BOND

Spokane County Bonds must be posted at the appropriate court during business hours.

Municipal Court	8:00 am - 4:00 pm
District Court	8:30am - 4:00 pm
Superior Court	8:30 am - 4:00 pm

The jail will accept bonds when the courts are closed. They do not accept checks or credit cards, CASH ONLY, and it must be paid in the full amount only or you may go through a bail/bond company.

#### COURT DATES & WARRANTS

If you want to know an inmate's next court day or if you want to know if there is a warrant for your arrest, please call the appropriate court at the following numbers:

- Spokane Municipal Court
- Spokane District Court

(509) 624-4400 (509) 477-4770 (509) 477-5790

Spokane Superior Court

Warrant information is not given out over the telephone. If you want to know if there is a warrant for your arrest, you must come to the Public Safety Building in person with proper identification.

#### MARRIAGES

- The inmate must fill out an Inmate Marriage Request Form and submit it to the Marriage Coordinator at Spokane County Detention Services.
- The date of marriage must be at least two weeks from the date your request is submitted.
- The Marriage Coordinator will notify the agency responsible for the inmate's incarceration. That agency will have two weeks to file the necessary paperwork and submit it to the Marriage Coordinator if they seek to deny the request.
- > The inmate cannot marry another incarcerated inmate.
- > Both parties must be eligible to marry in the State of Washington.
- Outside officiates clergy or magistrate) must be qualified under RCW 26.04 to perform marriages within the State of Washington and must not have had a felony conviction within the last 10 years.
- The clergy must submit his/her ordination certificate or license. Members of the judiciary from outside Spokane County who perform civil ceremonies must submit their letter of appointment or oath of office.
- The inmate and the intended spouse are responsible for any associated costs for the marriage ceremony.
- The intended spouse, all witnesses, and the official performing the ceremony must meet all visiting criteria of Spokane County Detention Services.
- ▶ Inmates may not marry while on disciplinary or watch status.

Inmates being held for other counties, states, or the Department of Corrections are prohibited from getting married.

## **SPOKANE COUNTY JAIL VISITING INFORMATION**

#### VISITING LIST

You must be on an inmate's approved visiting list. It is the inmate's responsibility to request visitors be approved. The inmate must provide each visitor's full name and date of birth.

#### VISITORS DRESS CODE

The Spokane County Jail adopted the following dress code for visitors:

- Shoes and shirts are required
- No steel-toed boots or shoes
- Clothing must fit appropriately
- Proper undergarments are required to be worn
- Dresses or skirts must be mid-thigh or longer
- No sexually explicit, obscene/offensive language or clothing that resembles inmate attire
- ➢ No gang referencing material
- ➢ No transparent or see through attire
- ➢ No bare midriff
- ➢ No low-cut or revealing necklines
- No backless tops, tube tops, halter tops or tank tops
- No miniskirts or similar attire
- ➢ No skin tight clothing
- $\succ$  No belts

If you do not meet these dress-code standards, you will not be allowed to visit.

#### VISITING AT THE SPOKANE COUNTY JAIL

Jail visits must be scheduled at least one day in advance and may be scheduled up to 14 days in advance. Scheduled visits occur from 9:00 am to -3:00 pm, Monday through Friday. Call (509) 477-6752 to schedule a visit. You must check in 15 minutes prior to your scheduled visitation time. A maximum of three visitors can

visit at any given time and only one visit can be scheduled per visitor at a time. If a child is accompanying you in a visit, a state-issued birth certificate and/or courtordered guardianship paperwork signed by a judge or commission must be provided. If the child is between the ages of 14 and 18, you also must provide photo identification such as student identification, a driver's permit, or driver's license.

> Jail Visiting Schedule Monday – Friday 8:30 am – 9:30 am (6 West only) 8:45 am – 9:45 am 10:00 am – 11:00 am 1:00 pm – 2:00 pm 2:30 pm – 3:30 pm